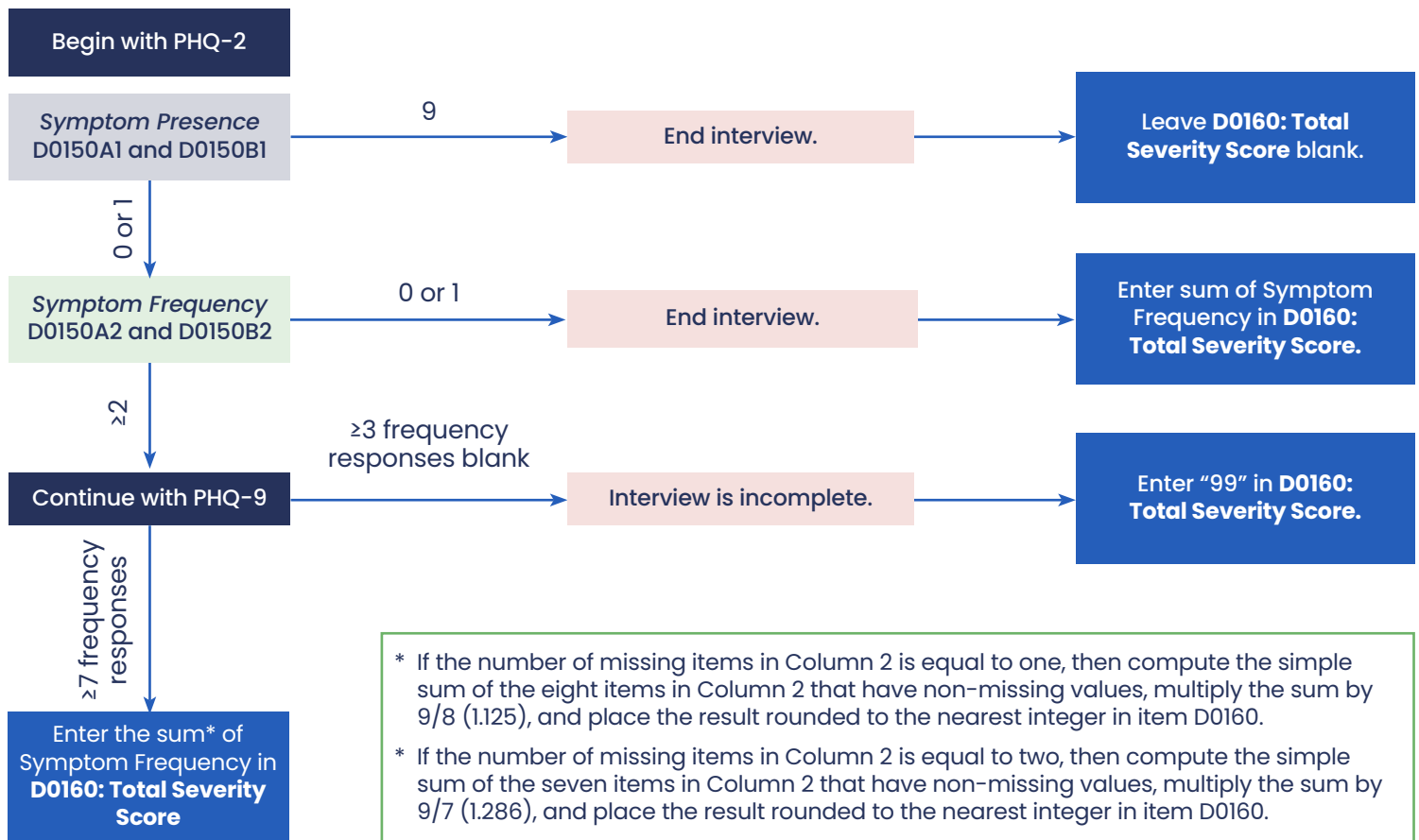


2 to 9-Item Patient Health Questionnaire (PHQ-2 to 9[®]) Flow Chart

This flow chart is designed to guide scoring and interpretation of the PHQ-2 to 9[®], a validated interview tool that screens for symptoms of depression. Scores to the first two questions will determine if the remaining seven interview questions should be completed.

Scoring Guide (See Reliant's PHQ-2 to 9[®] Reference Tool)

1. Symptom Presence	2. Symptom Frequency
0. No (enter 0 in column 2)	0. Never or 1 day
1. Yes (enter 0-3 in column 2)	1. 2-6 days (several days)
9. No response (leave column 2 blank)	2. 7-11 days (half or more of the days)
	3. 12-14 days (nearly every day)



Total Severity Score Interpretation

Total Severity Score can be interpreted as follows:	1-4 minimal depression	5-9 mild depression	10-14 moderate depression	15-19 moderately severe depression	20-30 severe depression
Proposed Treatment Actions	None	Watchful waiting: repeat PHQ-2 to 9 [®] at follow up.	Treatment plan, consider counseling, follow up and/or pharmacotherapy.	Active treatment with pharmacotherapy and/or psychotherapy.	Immediate initiation of pharmacotherapy or refer to a mental health specialist.