

Take CARE with Infection Control

Effective infection control prevents or stops the spread of infections in healthcare settings. Reliant therapists must **Take CARE** with each element of infection control to limit transmission risk, personal exposure, and improve resident safety. Elements of effective infection control include environmental cleaning, hand hygiene, and proper selection and use of personal protective equipment (PPE).

Take **CARE** with Infection Control:

C	A	R	E
Considerations for implementation	Attentiveness to steps and processes	Reliability	Effectiveness of implementation

C – Considerations for implementation

- Hand hygiene before, during, and after patient interaction, exposure to bodily fluids, highly contaminated surfaces (including facemasks)
- Identify and gather appropriate PPE based on precautions (i.e. transmission-based, airborne, droplet, etc.)
- Identify common use items, environmental surfaces and equipment that need routine cleaning and disinfection. Minimize bringing items into and out of the patient’s room.

A – Attentiveness to sequenced steps and processes

- Hand hygiene: Follow the 5 steps
 - Wet, lather, scrub, rinse, dry
- PPE: Methodically follow the step by step process for donning and doffing.
 - Donning: We Bring Function Everywhere We Go!
 - Doffing: Go Be Excellent! We Empower Functional Wins!
- Environmental cleaning
 - Utilize patient dedicated equipment or room items.
 - Implement cleaning and sanitation processes for non-dedicated equipment.

R – Reliability

- Commit to self and peer accountability.
- Implement PPE Peers using return demonstration.

E – Effectiveness of implementation

- Assess and adjust practice as necessary.

When donning and doffing PPE, remember these lines for sequencing:

Donning:

We Bring Function Everywhere We Go!

1. Wash hands
2. Body gown
3. Facemask
4. Eye protection
5. Wash hands
6. Gloves

Doffing:

Go Be Excellent! We Empower Functional Wins!

1. Gloves
2. Body gown
3. Exit room
4. Wash hands
5. Eye protection
6. Facemask
7. Wash hands

Contact clinicalteam@reliant-rehab.com for more information.