

# VIC Delivers Food, Comfort to Seniors

**VIC Continues Response to COVID-19,  
but Meets Need Throughout the Year**

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Today is still a time of uncertainty as we grapple with COVID-19, but staff and volunteers at VIC-Valley InterCommunity Council remain a boots-on-the-ground brigade assisting seniors. The number of seniors who need meals has soared beyond our regular home-delivered meal program. Additionally, we have been delivering meals to seniors who normally come to our Senior Centers. And more

requests continue to come through from seniors who are reaching out to VIC for the first time.

**From March 16 to May 28 VIC delivered approximately 64,000 meals to seniors**

VIC's 55+ years of experience providing social services and programs for seniors positions us as a leader in the aging community, and at the forefront of improving the lives of vulnerable seniors across the Valley. Through our meal programs we have not only fed seniors, but have been able to mitigate the serious negative physical and mental health effects related to social isolation--through a special program that began before the coronavirus and continues today. The challenge has grown, with large numbers of seniors staying home for protection from COVID-19. And they are projected to do so even as restrictions are lifted. Social distancing will limit the number of seniors who can safely return to our Senior Centers and sites for meals and activities.

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**Feed Hungry Seniors**



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## Looking Forward

VIC recently partnered with Mayor Garcetti's Office to distribute thousands of additional meals. These efforts keep local businesses *in business* and their employees *working*.

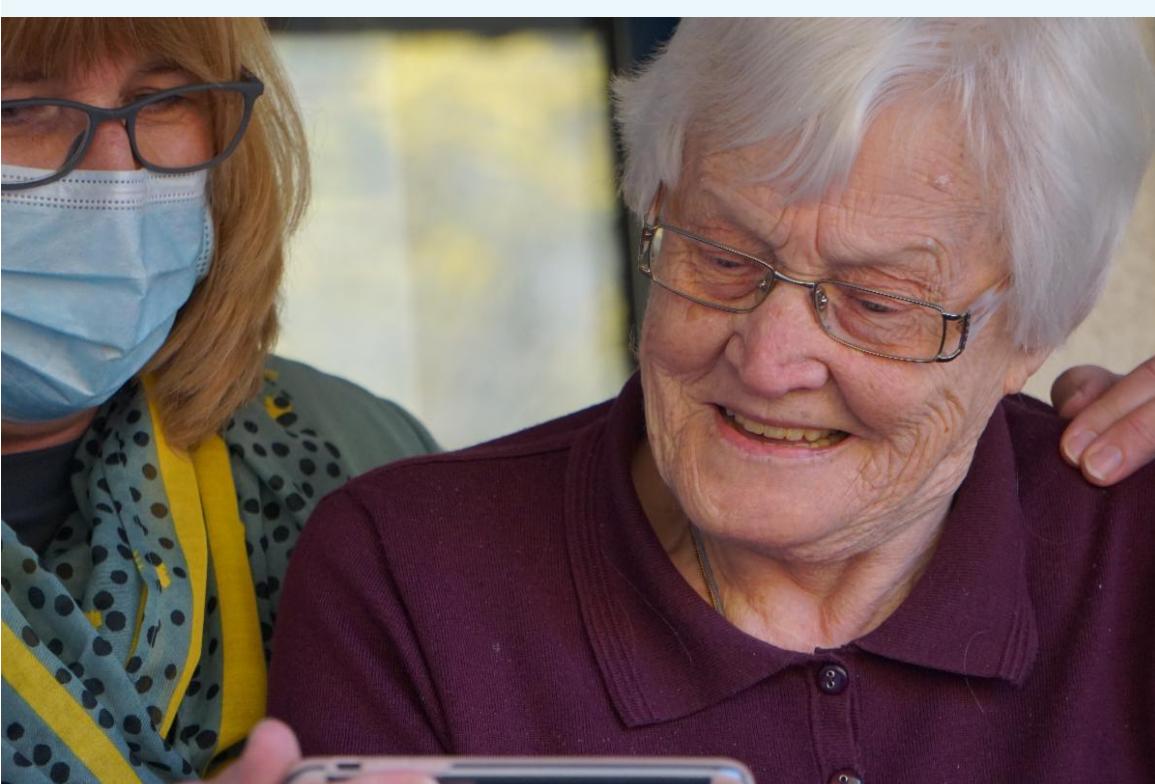
This week VIC will partner with two schools in the Valley and work with chefs who have been unemployed or underemployed due to the coronavirus.

The idea is simple and effective. Chefs will prepare hundreds of meals for seniors, and VIC's team of staff and volunteers will deliver the meals.

This special partnership is part of an initiative led by Assemblymember Nazarian, who represents the 46th District in the San Fernando Valley, and who is widely admired for his efforts to protect and advocate on behalf of older adults.

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**Help Fuel Our Efforts**



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## Buffeting the Winds Ahead

Governor Newsom's budget includes deep cuts slated for seniors. Less money will trickle down the state to our county and to city governments--and local governments will face major revenue losses. Our communities will continue to turn to us, driving demand for services up while our government support goes down. A proposed \$8.5MM reduction to senior nutrition programs will have a severe impact on our ability to provide meals. The budget cut will prevent 6,000 seniors from accessing essential nutrition programs.

**Can we count on you as we prepare for the headwinds that may come our way?**

**Our seniors and VIC thank you for your contribution of just \$60 during this critical time.**

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**I Pledge \$60**



