



# health & wellness COMMITTEE

Sponsored by



**FIRST THURSDAY OF EVERY MONTH**

*12:00pm to 1:00pm*

*Chamber Members Dedicated  
to the Health, Wellness & Vitality  
of Our Community!*

- Blood Drives
- C.P.R. & First Aid Classes
- Emergency Preparedness Community Outreach
- Free Health Screenings
- Non-Profit Organization Outreach & Fundraisers
- Resources
- San Fernando Valley Senior Services Directory & Website
- Speakers Bureau

MEETINGS HELD

VIRTUALLY - RSVP to [info@encinnochamber.org](mailto:info@encinnochamber.org)  
Meeting link will be sent after registration

To be a one-time guest or for more information please contact  
Encino Chamber Office 818.789.4711