



ORANGE TIER OPENINGS, UPDATED TRAVEL ADVISORY AND MORE!

SECTOR/ACTIVITY	RED TIER	ORANGE TIER <small>*Effective Monday, April 5 at 12:01 AM*</small>
RESTAURANTS	Indoor dining with modifications: <ul style="list-style-type: none"> Max 25% capacity or 100 people, whichever is fewer 8 feet distancing between tables One household per table (max 6 people) Outdoor dining with modifications: <ul style="list-style-type: none"> Max 6 persons per table from up to 3 different households 	<ul style="list-style-type: none"> Indoor capacity increases to 50% or 200 people, whichever is less. Modifications for indoor and outdoor dining same as Red Tier.
BARS <small>with no meal service</small>	Closed	Outdoor only, with modifications: <ul style="list-style-type: none"> Masking required, except while eating or drinking Tables 8 feet apart with no counter seating/service. Max 6 persons per table from up to 3 different households No live entertainment Closed for on-site consumption after 10:00 pm
BREWERIES & WINERIES <small>with no meal service</small>	Outdoor only	Indoor at 25% capacity or 100 people, whichever is fewer <ul style="list-style-type: none"> Masking required, except while eating or drinking Tables 8 feet apart with no counter seating Indoors: 25% capacity or 100 people, whichever is fewer. Reservations required, 90 minute limit. Max 6 persons per table from 1 household. Outdoors: Max 6 persons per table from up to 3 different households. TV viewing permitted outdoors only. Closed for on-site consumption after 10:00 pm
MOVIE THEATERS	<ul style="list-style-type: none"> Indoor capacity at 25% or 100 people, whichever is fewer Reserved seating required 	<ul style="list-style-type: none"> Indoor capacity at 50% or 200 people, whichever is fewer Reserved seating to allow 6 feet of distance in all directions Eating only in designated area or in seat
GYMS, FITNESS CENTERS AND YOGA STUDIOS	<ul style="list-style-type: none"> Indoor capacity at 10% Masking always required 	<ul style="list-style-type: none"> Indoor capacity at 25% Masking always required Indoor pools can open
MUSEUMS, ZOOS AND AQUARIUMS	<ul style="list-style-type: none"> Indoor capacity at 25% 	<ul style="list-style-type: none"> Indoor capacity at 50%

For more information, visit covid19.lacounty.gov/recovery



Dear Friends,

As of today, changes to the [Health Officer Order](#) took effect, reflecting our move into the Orange Tier. As a result, many public health protocols for various sectors were updated, including bars, breweries, wineries, distilleries, family entertainment centers, gyms, movie theatres, restaurants, retail establishments, grocery stores, and outdoor live events.

It is critically important that businesses follow the safety measures described in these protocols. As we have seen in the past, more activities can lead to more cases. I am confident that with businesses and residents taking every precaution necessary, we can avoid another surge. Additionally, our health inspectors are out and are happy to provide any clarity or technical assistance should you need it.

UPDATED TRAVEL ADVISORY

Changes to Travel Advisory

- **All individuals should continue to avoid non-essential travel**
- **Fully vaccinated persons are at lower risk and** may travel taking public health precautions
 - If asymptomatic, no quarantine or testing is needed upon return.
- All non-essential travelers who are **not fully vaccinated** must:
 - **Quarantine** for 7 full days after travel **if they get tested and get a negative COVID-19 viral test** result from a specimen collected 3-5 days after their arrival.
 - **Quarantine** for 10 full days after travel if they **did not get tested with a COVID-19 viral test** after their arrival.
- All travelers must:
 - **self-monitor for symptoms of COVID-19 for 14 days**, and avoid being around people who are at increased risk for severe illness.
 - isolate and should get tested if symptoms develop.

 [covid19.lacounty.gov](https://www.covid19.lacounty.gov) 4/5/2021

Effective today, LA County is updating our travel advisory.

The CDC and LA County continue to urge that everyone avoid non-essential travel during this time when there are significant hot spots across the country and the world with significant risk from more infectious variants.

Travelers who are *fully vaccinated*, meaning two weeks have passed after their second dose for Pfizer or Moderna, or after their single dose of Johnson & Johnson, can now travel and will not be required to test or quarantine upon their arrival in LA County if they do not have any COVID-19 symptoms.

Travelers who are not fully vaccinated must quarantine for 7 full days after travel if they receive a negative COVID-19 test result taken 3 to 5 days after their arrival. If a traveler does not get tested after they arrive in LA County, they must quarantine for a full 10 days.

All travelers, regardless of whether or not they are vaccinated, must self-monitor for symptoms for 14 days after their arrival, and should get tested and isolate if they develop symptoms.

Visit publichealth.lacounty.gov for more information.

VACCINES FOR HOMEBOUND RESIDENTS



LA County Residents 65 Years and Older No Cost Covid-19 Vaccinations



- **CAN I PARTICIPATE?**

All Los Angeles County residents 65 years and older can participate. Remember to bring a **photo ID** with **proof of age** to the vaccination site.

http://publichealth.lacounty.gov/acd/docs/COVIDVaccine_65Plus.pdf



- **HOW TO REGISTER FOR AN APPOINTMENT OR GET TRANSPORTATION TO A VACCINATION SITE:**

Visit VaccinateLACounty.com, call **2-1-1** or the vaccine call center at **833-540-0473**. Both 2-1-1 and the call center can help you make appointments in multiple languages.



- **WHAT IF I'M HOMEBOUND?:**

If you or your loved one is homebound, please call **833-540-0473** (8:00 am - 8:30 pm, 7 days a week) for eligibility and resources on getting vaccinated in-home. Please note this is a limited opportunity.



- **GET VACCINATED, STAY PROTECTED:**

COVID-19 vaccines (Pfizer, Moderna, Johnson & Johnson) are all proven to **be safe** and **effective** in protecting you from getting sick.

www.publichealth.lacounty.gov



If you or a loved one are homebound, you can register for a no cost COVID-19 vaccine online at VaccinateLACounty.com or over the phone by calling 2-1-1 or the vaccine call center at 833-540-0473.

MOBILE VACCINE CLINIC IN SOUTHEAST LOS ANGELES

Southeast Los Angeles Mobile Vaccination Clinic

WHERE:

Southeast Rio Vista YMCA
4801 E 58th St, Maywood, CA 90270

WHEN:

Wednesday, April 7th - Saturday, April 10th

ELIGIBLE GROUPS:

- Healthcare workers
- Residents or workers of skilled nursing facilities or other long-term care facilities
- 50 and older
- Food and agricultural workers
- Emergency services workers
- Education and childcare workers
- Janitorial/Custodial and maintenance services in public spaces
- People between 18-64 years old with disabilities, underlying health conditions
- People who live or work in prisons, homeless shelters, other residential facilities
- Transit and airline worker

WHAT TO BRING:

Please bring a form of documentation with your name on it. The name on your documentation should match the name on your appointment confirmation. Examples of acceptable documentation include: driver's license, work ID, library card, letter from your employer or school, bank/ATM cards, electrical bill, matricula consular, paystub, passport, etc.

For your safety and the safety of others, please wear a mask.



To register, visit:

April 7th: bit.ly/3dPTR5F

April 8th: bit.ly/31TRRmZ

April 9th: bit.ly/39HcCXs

April 10th: bit.ly/31O2ckA

ONLY THE JOHNSON & JOHNSON VACCINE WILL BE AVAILABLE.

Getting the COVID-19 vaccine is free, regardless of immigration or citizenship status. You don't need insurance to get the vaccine.



Clínica Móvil de Vacunación del Sureste de Los Ángeles

DONDE:

Southeast Rio Vista YMCA
4801 E 58th St, Maywood, CA 90270

CUANDO:

Miercoles 7 de Abril - Sabado 10 de Abril

GRUPOS ELIGIBLES:

- Trabajadores de la salud
- Residentes o trabajadores de centros de enfermería especializada u otros centros de atención a largo plazo
- 50 años o más
- Trabajadores agrícolas y alimentarios
- Trabajadores de servicios de emergencia
- Trabajadores de la educación y el cuidado infantil
- Servicios de limpieza / custodia y mantenimiento en espacios públicos
- Personas con problemas de salud y discapacidades de 16 a 64 años
- Personas que viven o trabajan en cárceles, refugios para personas sin hogar, otras espacios residenciales
- Trabajadores de Tránsito y Aerolíneas

QUE DEBE TRAER:

Por favor traiga una forma de documentación con su nombre. Su nombre debe coincidir con la confirmación de su cita. Ejemplos de documentación aceptable: licencia de conducir, identificación de trabajo, tarjeta de la biblioteca, carta de su empleador o escuela, tarjetas bancarias/cajero automático, factura de electricidad, matrícula consular, talón de pago, pasaporte, etc.

Por favor utilice una mascara.



Para hacer una cita, visite:

Miercoles, 7 de Abril: bit.ly/3dPTR5F

Jueves, 8 de Abril: bit.ly/31TRRmZ

Viernes 9 de Abril: bit.ly/39HcCXs

Sabado 10 de Abril: bit.ly/31O2ckA

SOLO LA VACUNA DE JOHNSON Y JOHNSON SERA DISPONIBLE

La vacuna de COVID-19 es gratis, independientemente de su estado migratorio o de ciudadanía. No necesita seguro para recibir la vacuna.



It's time to get vaccinated, Southeast Los Angeles!

In partnership with the SELA Collaborative and other regional leaders, my office is hosting a four day vaccination event this week at the Southeast Rio Vista YMCA for eligible residents who live in Bell, Bell Gardens, Commerce, Cudahy, Florence-Firestone, Maywood,

Huntington Park, Lynwood, South Gate, Vernon, and Walnut Park. To see if you're eligible and make an appointment, visit the links below:

- Wednesday, April 7th: bit.ly/3dPTR5F
- Thursday, April 8th: bit.ly/31TRRmZ
- Friday, April 9th: bit.ly/39HcCXs
- Saturday, April 10th: bit.ly/31O2ckA

CONNECT WITH MY STAFF

GIVE US A CALL!

- Downtown Los Angeles Office: 213-974-4111
- Southeast Los Angeles Office: 323-826-6370
- East Los Angeles Office: 323-881-4601
- San Gabriel Valley Office: 626-350-4500
- East San Gabriel Valley Office: 909-593-3661