



# Connect at Central

God • Each Other • Community

801 S. Hayne Street • Monroe, NC • 704-289-3186 • centralumcmonroe.org

JANUARY 29th  
Newsletter

**NEW and IMPROVED!**  
**God's Promises**  
**for the New Year**  
**New Worship Series**



## Church News

**January/February Shareback**  
**COUNCIL ON AGING**  
IN UNION COUNTY



### Next Door Respite Clubhouse needs:

Incontinence supplies - both tabs and pull ups  
Poise Pads  
Wipes  
Disposable Gloves  
Cleaning Supplies  
(hand sanitizer, Clorox wipes, etc.)  
Kitchen Products  
(paper towels, paper plates, napkins, trash bags, zip lock bags, etc.)  
Durable Medical Equipment  
(wheelchairs, rollators, canes, shower chairs, etc.)

**Council on Aging** IN UNION COUNTY

**Art Supplies Needed!**

4 in. x 4 in. Canvases  
Pom-Pom Balls  
Pipe Cleaners  
Tissue Paper  
Sponges for Painting  
Large Spools of Twine  
Large Wooden/Plastic Beads for Painting and Jewelry Making  
Buttons, Assorted Colors & Sizes  
Small Clay Pots for Painting  
Unfinished Drink Coasters for Painting  
Wooden Projects to Build/Decorate  
6-8 in. Styrofoam Cones for Flower Art  
Artificial Flowers  
Floral Wire-Cutting Scissors  
Loose Glitter/Glitter-Glue Pens  
Mod Podge  
Self-Adhesive Magnets for Project Display

*Thank you!*

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Monroe, NC 28110  
cumcmonroe

**NEXT DOOR CLUBHOUSE VOLUNTEERS NEEDED!**  
DO YOU KNOW SOMEONE WHO WOULD ENJOY VOLUNTEERING WITH OLDER ADULTS WITH MEMORY LOSS? SEND THEM OUR WAY!  
WE ARE IN NEED OF VOLUNTEERS ON TUESDAYS AND THURSDAYS ESPECIALLY.  
QUESTIONS? CALL JESSE GRANGER AT 704-292-1797.

**HELP HOPE HEALING** **stephen MINISTRY**  
Your Stephen Minister will talk with you and listen to you as you search through the pieces of your heart. To connect with a Stephen Minister, contact Rev. Sigrid Mottram by calling the church office at 704.289.3186 or you can call her at 980.240.2370.  
**FREE ONE-ON-ONE CONFIDENTIAL CARE**  
PROVIDED BY TRAINED CAREGIVERS



**DINNER CHURCH**  
**TUESDAYS at 6 pm**  
**in the Family Life Center**

**Jesus said, "I was hungry and you gave me food."**  
(Matthew 25:35 NRSV)

Come join us as we CONNECT WITH OUR COMMUNITY by sharing a meal and worship. To sign-up to serve, contact the church office by calling the office at 704.289.3186 or email [skeesler@centralumcmonroe.org](mailto:skeesler@centralumcmonroe.org).

### Sanctuary Counseling Group

Specializing in  
Marriage & Family Therapy



Promoting the Healing of Heart, Mind, & Soul  
Todd R. Matson, D. Min., LMFT  
704-375-5354, ext.407 - [www.mccsvs.org](http://www.mccsvs.org)



# Prayer Requests

Ann Smith | Mark Shore (Linda Deese's brother) | Randy Brabham | Linda Deese | Sky Broome's Family | John & Kim Cattie  
Safe travels | Frank Rodarmer | Tom Duke | Ivan Secrest | Jimmy Mullis | Bill Phifer | Mike Taylor | Melony Cordero  
Jodie & Family | Emily & Family | War victims | Children of Shriners & St. Jude's Hospitals | Donnie Burnette  
|| Sandy Deskins | Anne Morris | Pat Finlay | John Tice | Marianne | Kix Soderblom | Unspoken

That we all stay connected by our prayers & supplications

(*Prayer Request's stay on the above list for 2 weeks unless requested to be put on the "ongoing prayer requests"*)

pray

## Ongoing Prayer Requests

Maeson Sutton & Family (son of Ashley Miller Sutton) | Jim Gordon | Jimmie Hargett | Patsy Treadaway | Barbara Pfau  
Pat Stewart | Chris Wiggins | Daniel Mackay | Carolyn Kindley | DJ (Erica Kirby's son) | Elaine Davis | Elie Walden  
Barbara Horack (Shelley Loberger's mother) | Eldoris Loberger (Dale's mother) | Karen Dyer (Lisa Kania's sister-in-law)  
Martha Rollins | Meghan Broome | Lynda Moore | Joel Kurtz | Elaine & Dennis Lord | Missy Elliott | Ronnie Haigler  
Paula Russell | Kappy Giblin | Doris Wheeler | Virginia BJORLIN | Marlene McCain (Lynda Moore's sister) | Robert Rylander  
Maxine Wally | Mary Jones | Dillon Brantley | Jean Semken | Don Gardner (Debi Patton's brother) | Bob Sullivan | Jason Hill  
Jonathan Mackay | Gareth Simpson | Jack Harper III | Darlene Childers (Doris Campbell's sister) | Our President | Our Governor  
Our Military | Our Country | Bishop Ken Carter | District Superintendent Laura Auten | Central UMC Staff

*Please call the Church Office at 704.289.3186 or email [skeesler@centralumcmonroe.org](mailto:skeesler@centralumcmonroe.org) to add your prayer requests. If you have confidential prayer request, please email [llancaster@centralumcmonroe.org](mailto:llancaster@centralumcmonroe.org) or [smottram@centralumcmonroe.org](mailto:smottram@centralumcmonroe.org).*

## Attendance

### Week of 1/22-397

8:45 am Service-49

Sunday School-62

Online Service-189

11:00 am Service-60

Dinner Church-37

## Ushers

8:45 am Contemporary Service

1/29-Cheri Barker & Amy Garrison

2/5-Denise Rumley & Cheri Barker

2/12-Amy Garrison & Denise Rumley

11:00 am Traditional Service

1/29-David & Amy Paschal and

David & Kalli Clements

2/5-Central Youth

2/12-David, Kalli, Grace &

James Clements

**The 2023 Chuck Wagon sign-up sheet is on the wall at the Crossroads**

If you have any questions or concerns?

Please call Cheri Barker 704.242.4851,

Jean Semken 704.301.0435, or Elaine

Davis 704.254.5951



## Central Squares MEN'S GROUP

Central Squares Men's Group will meet next Saturday, February 4<sup>th</sup>. We start cooking breakfast at 7:30 am with the devotion at 8:00 am. Come join us for breakfast fellowship, and devotion. Central Squares meets on the 1<sup>st</sup> & 3<sup>rd</sup> Saturdays of the month. For more information or questions please contact Eric Shupe 803.370.3693 or Gabe Febus 704.774.0342.

## Altar Guild

*January*

Beth Hargett & Libby Helms

*February*

Linda & Robert Hinson

## Contact Updates:

Dennis & Elaine Lord

2323 Granville Place, Unit A  
Monroe, NC 28110

Tony & Cindy (Shell) Steen  
6209 Stockbridge Drive  
Greensboro, NC 27410

Pastor Sigrid's cell number:  
980.240.2370

\*Do you know of any new contact information/updates that need to be included in the newsletter please contact the church office at 704.289.3186 or [skeesler@centralumcmonroe.org](mailto:skeesler@centralumcmonroe.org)\*

## Central Kids KIDS Worship

### It's Worship Just for Kids

After the Children's Message or  
Children's Singing during both services!

Children's Time follow-up & review, scripture  
memorization, prayers and praises,  
God sightings, singing and dancing!

## Men's Breakfast Group

meets at the  
**Derby Restaurant**

  Thursday mornings  
8:00 am

Come join us for great food,  
fellowship & a devotion!

## United Women in Faith

Lessie Anne Circle meets the 1<sup>st</sup> Tuesday of each month at 10:00 am in the Church Library.

Faith, Hope & Charity Circle meets the 2<sup>nd</sup> Monday of each month at 1:30 pm in the Hospitality Room.

New Beginnings Circle meets the 3<sup>rd</sup> Monday of each month at 6:30 pm in the Hospitality Room.

## Central UMC Calendar

### SUNDAY 01/29

8:45 am Contemporary Service-Central Hall

9:45 am Sunday School

10:30 am Traditional Choir Rehearsal-Choir Room

11:00 am Traditional Worship Service-Sanctuary

11:00 am Livestream Worship-Online

4:00 pm **CENTRAL YOUTH** & Jr. Youth



### MONDAY 01/30

ALLDAY Pastor Lanny on call/Pastor Sigrid's Sabbath

5:00 pm Newsletter/Bulletin Submission Deadline

### TUESDAY 01/31

9:30 am Worship Planning-Pastor Lanny's Office

11:00 am Staff Meeting-Hospitality Room

2:00 pm Knitting Girls-Library

6:00 pm Dinner Church-FLC

6:30 pm Central Ringers-Sanctuary



### WEDNESDAY 02/01

6:00 pm Celebration Singers-Choir Room

6:00 pm InnerChange (vocals)-Central Hall

7:00 pm Communications Team Meeting-Library

7:15 pm Chancel Choir-Choir Room



### THURSDAY 02/02

8:00 am Men's Breakfast Group-Derby

10:00 am Soul Food

3:00 pm Sorosis Book Club-Hospitality Room

6:00 pm Trinity-Choir Room

6:30 pm Outreach/Missions Team Meeting-Zoom

7:00 pm Union Big Book-Scout Hut



### FRIDAY 02/03

ALLDAY Pastor Sigrid on call/Pastor Lanny's Sabbath

4:30 pm Apprentice Academy Basketball Game-FLC

### SATURDAY 02/04

8:00 am Central Squares-Upstairs Kitchen/Hospitality

### SUNDAY 02/05

8:45 am Contemporary Service-Central Hall

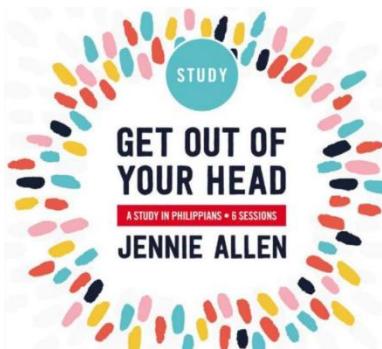
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11:00 am Livestream Worship-Online

4:00 pm **CENTRAL YOUTH** & Jr. Youth



## Soul Food Bible Study

Soul Food will start a 6 week study "Get Out of Your Head" this coming Thursday, February 2<sup>nd</sup> at 10:00 am in the Hospitality Room. Contact Shannon Neal at 704.282.6357 with any questions. Please join us! Women of all ages are invited to attend!