



CHURCH WOMEN UNITED, INC.

VIRTUAL SPIRITUAL FORMATION EVENT

Safeguarding Our Spiritual Wellness



The thief does not come except to steal, and to kill, and to destroy. I came that they might have and enjoy life, and have it in abundance (to the full, till it overflows.) **John 10:10 (NKJV)**

JUST HOW VALUABLE IS YOUR SPIRITUAL WELLBEING? We invite you to join us in an engaging, informative conversation focusing on the various hinderances we currently encounter that attempt to rob us of our "Spiritual Wellness" in today's fast-paced lifestyles. We'll delve into **four** "Pillars of Biblical Discipline" under attack and discover how we can "safeguard" ourselves to righteously defeat them. (Focus: CWU 2021-2024 Quadrennial Priority No. 1, Health and Wellness.)

FAITH

FAMILY

FELLOWSHIP

FORGIVENESS



Saturday | November 19, 2022

10:00 a.m./PST 11:00 a.m./MST

12:00 p.m./CST 1:00 p.m./EST

Registration Link:

<https://forms.gle/f3SGpRK92P1dfCZs8>

FREE Registration!

Register at the link above and a confirmation email will be forwarded to you. **Three Days Prior** to the event date, you will receive a Zoom link to attend. We look forward to seeing you!

Rev. Lillie Holman, CWU Spiritual Formation Director



Mira J. Washington, CWU National President

"Agreed to Differ, Resolved to Love, United to Serve"