

Camps, care, and enrichment programs designed to educate, entertain, and engage students.



WINTER ENRICHMENT SCHEDULE

SESSIONS BEGIN JANUARY 17TH

ALL CLASSES ARE EIGHT WEEKS LONG

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
03:00PM - 04:00PM	<u>Multi-Sports Bonanza</u> Hi-Five Sports Club Metro Grades: K - 2 \$205.00	<u>STEM FUNDamentals with LEGO® Materials</u> Play-Well TEKnologies Grades: K - 2 \$217.00	<u>Cheerleading</u> Message in Motion Grades: K - 2 \$174.00	<u>Flag Football</u> Corbin's Crusaders Grades: K - 2 \$267.50	
03:00PM - 04:00PM	<u>Chess Club</u> Chess Wizards Grades: K - 2 \$193.00	<u>Basketball Clinic</u> Hi-Five Sports Club Metro Grades: K - 2 \$205.00	<u>Little Musicians</u> MacInspires Education Grades: K - 2 \$241.00	<u>Hip Hop Fortnite</u> Message in Motion Grades: K - 2 \$174.00	
03:00PM - 04:00PM	<u>Arts & Crafts</u> Ms. Dawn Drace Grades: K - 2 \$189.00	<u>Little Robotics with Cubelets</u> MacInspires Education Grades: K - 2 \$276.00	<u>Indoor Soccer</u> Corbin's Crusaders Grades: K - 2 \$267.50	<u>Computer Games Galore</u> Ms. Dawn Drace Grades: K - 2 \$152.00	
03:00PM - 04:00PM		<u>MADE my art + design experience</u> Paint Your Own Pottery: Techniques Grades: K - 2 \$288.00			

REGISTRATION:

BEGINS DECEMBER 20th at 5pm - CLOSES JANUARY 9th at 8pm

[CLASSES BEGIN WEEK OF JANUARY 17](#)

VISIT WWW.FLEXACADEMIES.COM
AND SELECT REGISTER NOW

REGISTER FROM
YOUR PHONE ➔



WEBSITE: <https://flexacademies.com/>

CONTACT US: info@flexacademies.com

PHONE: 833-FLEX-KID (833-353-9543)



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CLASS DESCRIPTION

MULTI-SPORTS BONANZA

HI-FIVE SPORTS CLUB METRO

We will focus on games played in the gym. Children will improve at games such as Hockey, Basketball and Kickball

CHEERLEADING

MESSAGE IN MOTION

Ready? Set?! Cheer! Have you ever wanted to learn the cheers you hear at your favorite team's football or basketball game? Do you love showing school spirit? Then this is the class for you! Cheer the FROGS on to V-I-C-T-O-R-Y while learning all the basics of this sport including motions, jumps, chants, cheers, and basic stunting and tumbling when appropriate. Build on strength, flexibility, balance, and overall athleticism while doing activities that build self esteem and teamwork!

CHESS CLUB

MESSAGE IN MOTION

Enter into the magical and exciting world of chess with Chess Wizards! You will participate in epic chess games, fun and interactive lessons, tournaments, team matches, trivia and more! Our specialized classes are a blast for everyone first through fifth. Whether you have been playing chess for your entire life and want to improve, are brand new to the game, or you just want to have a fun experience with your friends - Chess Wizards is the place for you!

LITTLE MUSICIANS

MACINSPIRES EDUCATION

K-2 students will learn about the science of sound and variations of music. They will be introduced to the history and forms of music, its origins and sounds. Through games and hands-on activities, students will learn how to conduct their own music, write songs, and identify differences in pitch. They will practice on a variety of instruments they create and form a band with their classmates.

STEM FUNDAMENTALS WITH LEGO® MATERIALS

PLAY-WELL TEKNOLOGIES

Level up your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as: Cars, Helicopters and Treehouses. Design and build as never before and explore your craziest ideas.

FLAG FOOTBALL

CORBIN'S CRUSADERS

This is our most popular program at Corbin's Crusaders. Each week, players are coached on skills and compete in a league with their age bracket. We have standings, playoffs and a superbowl. From the rules and basics of football to advanced game strategy, this program offers athletes healthy competition and excitement each week.

BASKETBALL CLINIC

HI-FIVE SPORTS CLUB METRO

A fun and exciting class where your children will learn the nuances of dribbling, passing, shooting and defense. Our coaches have extensive playing and coaching experience in both high school and college. The children will leave the class knowing the fundamentals and rules of the game. While focusing on the values that basketball teaches such as sportsmanship, teamwork, and hard work. All while having fun and enjoying the game.

HIP HOP FORTNITE

MESSAGE IN MOTION

Do you love to dance in the car or attempt break dancing in the kitchen? Then this might be the class for you! In this high energy hip hop dance class, students will learn the fundamentals of this increasingly popular dance form including break dancing, popping and locking and freezes, as well as iconic hip hop movements including the cabbage patch, the wave, the snake, and more! Class emphasizes rhythm and style, personal expression, choreography, and basic strengthening and conditioning. Students collaborate and learn funky routines, and let their inner star shine through break dance battles and more. Don't miss out on this unique, super fun class! This class will use music themed from Fortnite.

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CLASS DESCRIPTION

ARTS & CRAFTS

MS. DAWN DRACE

Arts & Crafts: This club is chock full of fun and creative activities. We will be exploring various forms of art. Activities will include painting, drawing, and design projects. Bring your enthusiasm and get ready for some fun.

INDOOR SOCCER

CORBIN'S CRUSADERS

Corbin's Crusaders offers sports and athletic pursuits coached by experienced professional men and women. Their job is to help your child take his or her skills to the next level and have a great time while doing it. The focus will be on Soccer.

LITTLE ROBOTICS WITH CUBELETS

MACINSPIRES EDUCATION

Computer science is getting a lot of press these days for the benefit in providing students with computational thinking and increasing problem-solving skills. The logic involved in coding engages students' curiosity and gets them excited to learn, so it's a great activity to engage our youngest students. Develop abstract reasoning skills and learn to "code" with Cubelets using three types of blocks – SENSE, THINK, and ACT (no computer interface necessary). Students learn the importance of inputs and outputs, weighted averages, persevering through a rapid redesign process, and "making" towards a goal.

COMPUTER GAMES GALORE

MS. DAWN DRACE

Computer Games Galore: If you like playing fun games on the computer this is the club for you. Each week we will be exploring new functions and websites for loads of cyber-safe fun!

MADE MY ART + DESIGN EXPERIENCE

PAINT YOUR OWN POTTERY: TECHNIQUES

The perfect way to unwind and get creative after school! We'll explore different techniques in ceramic painting, including masquing, silk screening, etching, stamping, and more. One new project per student each week, with beautiful fired pieces returned in 1-2 weeks! Class hosted by MADE: my art + design experience.

Flex Enrichment Programs will observe all Rye Neck District COVID-19 protocols

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