Caregiver Workshop presented by JFS

YOUTH MENTAL HEALTH FIRST AID



Youth Mental Health First Aid teaches parents and caregivers how to identify, understand, and respond to signs of mental health challenges in young people. This evidence-based training gives you the tools and confidence to support the youth in your life.

SCAN

For more information and to register, visit:
https://www.zeffy.com/en-US/ticketing/youth-mental-health-first-aid-2-part-training

West Hartford Community of Concern
Together keeping our youth healthy and safe

JFS
Embracing Possibility

TWO-PART TRAINING — ATTENDANCE AT BOTH PARTS REQUIRED

- PART 1 — **Mon, Nov 9th**
  6:00 PM – 8:30 PM
  VIRTUAL
  Zoom link shared in advance

- PART 2 — **Sat, Nov 14th**
  9:00 AM – 12:00 PM
  IN-PERSON
  Location: Jewish Family Services (JFS)
  333 Bloomfield Avenue, Suite A
  West Hartford, CT

Limited to 20 participants
$10 participation fee
At the end of Part 2, participants will receive a $10 gift card.
Light refreshments served at IN-PERSON session.

communityofconcernwh.wordpress.com