



*Presents:*

# Physician Burnout

*Faculty:*

**Richard B. Addison, Ph.D.**

*Behavioral Medicine Director, Santa Rosa Family Medicine Residency, Santa Rosa, Licensed Psychologist in Independent Practice in Santa Rosa, CA, Faculty Member, Santa Rosa Family Medicine Residency, Santa Rosa, CA*

*Date:*

**~ Tuesday, November 12, 2019 ~**

7:30–8:30 p.m. Presentation

*Location:*

~ The Finley Center ~

**DESIRED OUTCOMES: At the conclusion of this activity, learners will be better able to:**

- Define and describe burnout and resilience among physicians
- Identify “red flags” that may indicate when a physician or colleague is at higher risk for burnout
- Implement methods to control and manage stress while treating patients and interacting with team members
- Prevent or manage physician stress and related disruption and impairment
- Utilize available resources, when needed
- Recognize the varying levels of stress and burnout among different sub-specialties and identify cultural considerations in stress management

*The activity content is geared toward All Physicians Specialties. The educational formats for this activity will be Case Presentation with Learner Participation and Lecture with Q&A. This activity will encompass the following Desirable Physician Attributes: Patient Care & Procedural Skills, Professionalism, Practice-Based Learning & Improvement, and Systems-Based Practice.*



Santa Rosa Memorial Hospital is accredited by the California Medical Association (CMA) to provide continuing medical education for physicians.

Santa Rosa Memorial Hospital designates this live activity for a maximum of 1.00 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



*“Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 1.00 MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.”*

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