



Call for Nominations

2024 Physician Wellness Leadership Awards

The Sonoma-Mendocino-Lake Medical Association and the San Francisco Marin Medical Society are pleased to announce this call for nominations for the 2024 Wellness Awards Program and Dinner. Individual physicians, group initiatives and wellness programs that have made significant, impactful contributions to improving physician health and well-being will be honored and acknowledged. Awards will be presented on Friday, April 26, 2024 in recognition of the following achievements:

1. Individual Wellness Leadership

Presented to an individual for their commitment to creating and/or implementing policies and programs that promote physician well-being, prevent physician burnout and increase job satisfaction in the work place.

2. Significant Wellness Initiative or Program

Presented to an organization or individual who has initiated or is driving a program that fosters resilience and mental health wellness for physicians.

3. Creating a Culture of Wellness in an Organization

Presented to an organization or individual who has established a work environment that embraces a wellness set of values.

4. FQHC Wellness Program

Presented to an FQHC organization or individual within the FQHC for creating and implementing a wellness program within a limited budget.

5. Lifetime Achievement in Wellness Work

Presented to an individual for exceptional, meaningful work creating or supporting wellness initiatives for medical professionals.

6. Rising Wellness Star

Presented to an individual (practicing <10 years) demonstrating initiative and new perspectives for solutions to combat physician stress and burnout.

Individual physician candidates must be SMLMA or SFMMS members. Individual and group nominees may be nominated for more than one award. Medical society staff will confirm membership status on receipt of nomination. Membership is not required to nominate a colleague or organization for an award. Self-nominations are also encouraged and accepted!

Nominations are due by Friday, March 1, 2024

Awards will be presented at the Wellness Awards Dinner on Friday, April 26, 2024

For more information, call **707-620-0808** or email [**exec@smlma.org**](mailto:exec@smlma.org)

See Nomination Form on page 2.





Nomination Form

2024 Physician Wellness Leadership Awards

(Use this form or send information in a direct email)

Please provide your contact information, nominee name and award, and a short paragraph describing your nominee's accomplishments and contributions. Please submit separate nomination forms for each nominee. Email nominations to **Wendy Davies, Executive Director** at exec@smlma.org.

Nominated by (NAME REQUIRED) _____

Phone _____ Email _____

Nominee name _____ Award _____

Nominee organization (if applicable) _____

Nominee accomplishments and contributions:

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