

safeTALK: A Suicide Prevention Workshop



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Please join us for safeTALK, a suicide intervention workshop facilitated by a LivingWorks trainer

How safeTALK works

Most people with thoughts of suicide don't want to die—instead, they are looking for a way to work through the pain in their lives. Through their words and actions, they usually invite others to help them in making a choice for life

Who can attend?

Middle and high school students, parents, parishioners, teachers, community members, etc.

Parents are encouraged to attend with their middle schoolers

When

Sunday, January 12th | 5:30 PM – 8:30 PM

Where

St. John Vianney Parish – 16100 115th Ave SW, Vashon, WA 98070

Goals & Objectives

This three-hour suicide alertness training helps participants recognize a person with thoughts of suicide and connects them with resources to help them choose to live. Participants don't need any formal preparation to attend the training—anyone who wants to make a difference can learn the safeTALK steps. There will be scheduled breaks and opportunities to practice the skills built in the workshop, including practice on how to talk about this subject with others.

For more information, please contact Andrew Casad at
acasad@odea.org



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