



## Go Green for Lourdes University

I'm ready to commit to a greener and healthier campus!  
I'm going to try to implement the following quick and painless eco-friendly choices:

### REUSE, REDUCE, RECYCLE

- ☐ Recycle paper, batteries, cardboard, plastic, glass and aluminum products using the bins available throughout campus and at recycling stations.
- ☐ Reduce the amount of paper used by reading/editing on screen and printing on both sides.
- ☐ Share and turn in documents electronically whenever possible.
- ☐ Bring bags to the grocery store and purchase items with the least packaging.

### SAVE ENERGY

- ☐ Turn off lights when not in the room; use public spaces like the library to study.
- ☐ Set computer to power-save mode.
- ☐ Use an eco-friendly smart strip for electronics.
- ☐ When the heater or a/c is running—don't leave the windows open.
- ☐ Wash only with a full load of laundry using cold water.

### CONSERVE WATER

- ☐ Don't run the water while brushing teeth.
- ☐ Try to get in and out of the shower in five minutes or less.

### USE ALTERNATE TRANSPORTATION

- ☐ Walk or ride a bike to campus.
- ☐ Carpool when going places with friends.
- ☐ Check out the public transport locations and schedules available from campus.

**Your Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

# Tips on How to Go Green at Lourdes University

## Recycling Basics

**Blue bins w/ slotted lids: Mixed paper including** white paper, colored paper, newspapers, junk mail, magazines/catalogs, spiral notebooks, pads, index and greeting cards, pamphlets, brown paper bags, and small flatten cardboard such as cereal boxes, tissues boxes. Large flattened cardboard boxes should be placed behind the blue bin for pick up.



**Blue bins w/ circle lids:** Glass, cans, plastics including milk, juice & other food & beverage carton containers. Oil-based product bottles, Pyrex glass or Styrofoam cannot be recycled.

**Toner and Toner Cartridges:** Expired ink toner cartridges can be recycled by using the bins located in St. Francis Hall, St. Clare Hall, and Canticle Center.

**Batteries/CD's:** Batteries/CD's can be taken to the Lourdes University Welcome Center.

**Light Bulbs:** Residents of the Commons may take expired light bulbs to the Den and trade for LED bulbs.

**Heating & A/C Guidelines:** During cold months set your thermostat between 67-70 degrees. • During warm months set your thermostat between 73-76 degrees.

**Sylvania Franciscan Village Green Fund**—Students are eligible for funding to implement sustainability projects on campus. For more information go to [www.sylvaniafranciscanvillage.org/GreenFund.aspx](http://www.sylvaniafranciscanvillage.org/GreenFund.aspx) or call Sophia Lloyd, SFV Director, (419)824-3533 / [slloyd@sistersosf.org](mailto:slloyd@sistersosf.org)

**Toledo Farmer's Market** - 525 Market Street, Toledo

Spring/Summer Hours are Saturday 8:00 am—2:00pm • Winter Hours are Saturday 9:00 am—1:00 pm

**Sylvania Farmer's Market**—Municipal Court Parking Lot—6700 Monroe Street, Sylvania

June 5—October 2 • Every Tuesday, 3:00pm—7:00pm

**Shop for quality resale** clothing at Clothes Mentor Sylvania, 5644 Monroe St. Call (419)517-4400 for store hours. Help support the fight against cancer by donating your gently used clothing and household items to The American Cancer Society's Discovery Shop, 6600 W. Sylvania Unit 2A. Call (419) 882-6567 for drop-off hours.

**Volunteer with Lourdes University's Adopt-a-Highway:** Join other students who help maintain Lourdes' adopted "little stretch" of Interstate 475. Clean-up events occur every Fall and Spring. For more information contact Sister Barb Vano, Director of Campus Ministry at 419-824-3861 or [bvano@lourdes.edu](mailto:bvano@lourdes.edu)



Sylvania Franciscan Village Member Organizations:

Sisters of St. Francis of Sylvania, Ohio   Lourdes University   Sylvania Franciscan Ministries