

# Food Day

Friday, May 11, 2018  
Noon-2 p.m.

W165 Lounge Area, Zucker School of Medicine

Presented by

Northwell Health, Southside Hospital, and the Wellness@Northwell Program

Chef Bruno Tison, AVP, Systems Food Services, and Corporate Chef,  
Northwell Health

Linda Allison, Senior Director of Nutritional Services

Leah Pasquarella, MS, RD, CDN

Zucker School of Medicine's MS1 students are invited to a food demo and tasting event to enhance nutrition knowledge and lifestyle. Meet the chef and get some healthy and delicious cooking tips and recipes!

*During our delicious lunch, enjoy an  
Osler Society Meet-the-Author Book Event*

*featuring*

## Heart Smart for Women

*authored by*

**Zucker School of Medicine**

*faculty members*

**Jennifer Mieres, MD** and **Stacey Rosen, MD**

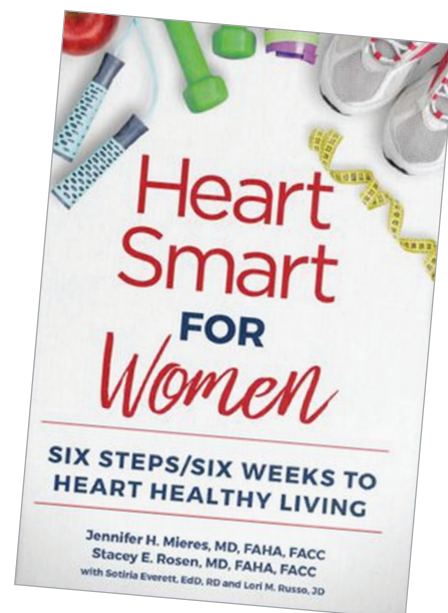
*This new book demystifies the science, biology, and statistics surrounding heart disease while providing a user-friendly program for successful, heart-healthy living.*

**SOM STUDENTS:** WIN a copy of **Heart Smart for Women** and/or some cool kitchen gadgets! Must be present to enter raffles.

### ABOUT THE AUTHORS:

**Jennifer H. Mieres, MD, FACC, FAHA**, is a professor of cardiology and associate dean of faculty affairs at the Zucker School of Medicine; senior vice president of the Center for Equity of Care; and chief diversity and inclusion officer at Northwell Health.

**Stacey E. Rosen, MD, FACC, FAHA**, is a professor of cardiology and the Partners Council professor of women's health at the Zucker School of Medicine, and vice president of women's health at the Katz Institute for Women's Health at Northwell Health.



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