

## MSD MEMBER SPOTLIGHT



**Lindsay D. Albanese, MD**



***SPECIALTY:*** Emergency Medicine

***PRACTICE NAME:*** Aspira Health

***LOCATION:*** Lewes

**What prompted you to decide to join MSD?** As a physician working in Delaware, I wanted to be connected to a group that would be an advocate for physicians and their rights. I also wanted to make sure that I was part of a group of physicians where we can stay connected with each other to support and educate each other.

**What is your hometown?** I am from Reston, Virginia but have also lived in Southern California and Georgia while I was growing up.

**What made you come to Delaware?** My husband was raised in Sussex County and grew up here. He knew that this was the area to start our family with access to great public schools and a small town feel.

**When did you decide to go into medicine and why?** My mother is a retired physician assistant and I was exposed to the life of medicine early on in my childhood. I was able to get glimpses of physicians helping treat patients and their families and knew that my calling was to help others who were unable to help themselves. I could not imagine myself doing anything else. Who wouldn't want the best job in the world helping people in their time of need?

**What do you like to do in your spare time?** My two sons and two golden retrievers are my spare time. If we are not on the beach playing in the sun, we will most likely be hiking around the local state parks.

**What would you like to see MSD work on?** I do feel that there is a lack of community outreach in this area with a lack of educational awareness about their diseases. I think we can expand on our community outreach and education to our local patients better. We also need to work on increasing preventative medicine with increased access to primary care. I am asked on a daily basis about finding a primary care physician for patients who cannot get into see a PCP.

**Where do you see yourself in 10 years?** Hopefully, still providing great healthcare to this area while still staying active with my kids. They certainly keep me physically engaged these days!