



SPECIALTY: Emergency Medicine/Internal Medicine

LOCATION: ChristianaCare Residency Program

What prompted you to join MSD? I am excited to be involved with an organization that allows residents the chance to elevate their voices. As a medical student, I was very involved in the societies in both Maine and Maryland where I could see changes being made as a result of our advocacy and wanted the opportunity to continue that during my time in Delaware.

What is your hometown? I am originally from Hagerstown, MD, located about two hours from Newark DE. However, I spent the last four years in Maine where I attended medical school.

Is there one Delaware destination you'd like to visit, if so where and why? I grew up going to Ocean City, MD so am familiar with the beaches in the DE area, but I am excited to spend some time exploring the numerous state parks and outdoor attractions here.

When did you decide to go into medicine and why? I decided I was interested in pursuing medicine around late middle school. I found the topic-matter fascinating, and I love that caring for patients allows me to be a part of a team with the patient and their families. Before starting medical school, I spent 2 years as a medical scribe in an ED and ICU; that experience really solidified my decision to become a physician.

What do you like to do in your spare time? I love spending time outdoors, near the water with friends and family, especially when it is warm and sunny! I just learned how to play the ukulele and also enjoying running, hiking, and baking cookies.

What would you like to see MSD work on? I would like to see MSD continue to allow residents the chance to get involved. Further expand the RF section to voice our concerns and provide support to allow us to help make needed changes.

Where do you see yourself in 10 years? My current residency program is 5 years. Once I've completed this stage of training, I hope to practice both specialties, Emergency Medicine and Internal Medicine, splitting my time working as both an ED attending and a Hospitalist. In addition to practicing medicine, I plan to remain involved with local and national medical societies with a focus on legislation and improving healthcare. At this point, I would like to stay in the mid-Atlantic/East Coast area but never know geographically where my path will take me.