

The 2019 Assessment and Treatment of Substance Abuse Disorders Conference

Agenda

8:15-9am	Registration
9am-9:15am	Welcoming Remarks
9:15-10:15am	Keynote Address: Pharmacologic Considerations and Clinical Challenges of Providing MAT in the Outpatient Setting: Seth Ivins, M.D. Seth Ivins, MD, a graduate of Columbia University, completed his residency in Internal Medicine at Mercy Catholic Medical Center in Philadelphia. He has been in private practice for 35 years, with offices in Newark and Wilmington, where he specializes in addiction medicine and clinical psychopharmacology. Dr. Ivins will discuss the various forms of Medication Assisted Treatment (MAT) used to address Opioid Abuse and Dependence, challenges pertaining to medication compliance and continued abstinence, socioeconomic considerations for treatment, as well as comorbid conditions affecting the utilization of MAT. Attendees will be provided time for questions and answers, as well as interactive discussion of ‘real’ clinical examples.
10:15-10:30	Break
10:30-11:30 Room A	Session 1 The Treatment of Co-Occurring Disorders: Sherry Nykiel, M.D., and Kelly Ward, Ph.D. Sherry Nykiel, M.D., received her Medical Degree from the University of California – Davis School of Medicine, completed her psychiatry residency at the Massachusetts General and McClean Hospitals, and fellowship in Addiction Psychiatry at Massachusetts General, McLean, and Brigham and Women’s Hospitals. She was an instructor in Psychiatry at Harvard Medical School and the Boston University School of Medicine. Dr. Nykiel currently serves at the Chief Psychiatrist and Director of Addiction Medicine for the Delaware Division of Substance Abuse and Mental Health, Delaware Department of Health and Social Services Kelly Ward, PhD, LCSW, LCADC is the current Chair and Professor of Social Work at Delaware State University. Prior to this she was the Founding Director of the BSW program at St. Joseph's College of Maine and held multiple positions in the School of Social Work at Monmouth University in New Jersey.



Dr. Ward has worked extensively in the addictions field as the Founding Director of the Bate Program at Integrity House in Newark, New Jersey, co-creator of the MICA unit at Shoreline Behavioral Health in Toms River, New Jersey, and as a private practitioner at Colts Neck Consulting Group in Colts Neck, New Jersey. Her specialty is working specifically with adolescents and their families on addiction issues.

Drs. Nykiel and Ward will discuss the most common comorbid behavioral health disorders that are seen with SUD, and evidenced-based treatment via pharmacologic and behavioral health modalities. In addition, treatment challenges, as well as novel methodologies using a multidisciplinary approach will be presented.

Room B

Health Equity in the Substance Abuse and Behavioral Health Vector: Hector Colon-Rivera, M.D.

Dr. Colon-Rivera attended medical school in Puerto Rico, completed his psychiatric residency training at Boston University, and then completed an addiction psychiatry fellowship at Yale University focusing on Children and Adolescents with substance use disorders. Dr. Colon-Rivera participates in a grant funded by the NIH Environmental Influences on Child Health Outcomes (ECHO) initiative at Western Psychiatric Institute and Clinic, working on an emerging community program to increase rural access to medical assisted treatments (MATs) for patients with substance use disorders. He is an attending psychiatrist at University of Pennsylvania Health System and clinical associate attending psychiatrist in the Department of Psychiatry, Perelman School of Medicine, University of Pennsylvania. He is an attending physician at the Philadelphia Veterans Affairs Medical Center, Inpatient Unit and Behavioral Health Emergency Room, specializing in the acute care of patients with a wide variety of mental health and substance use disorders. He also serves as senior advisor for an STR-TA SAMHSA grant for the expansion of MAT in Puerto Rico. In July 2018, Dr. Colon-Rivera was named President of the American Psychiatric Association Hispanic Caucus.

Dr. Colon-Rivera will discuss disparities in access to quality behavioral health care that are impacted by an individual's race, ethnicity, gender, socioeconomic status, sexual orientation, geographical location and social conditions. These challenges include lack of insurance coverage, service availability, timeliness of care, and workforce capacity. Dr. Colon-Rivera will also discuss emerging trends and opportunities for systemic change to improve access to prevention, early intervention, treatment, and recovery.

Room C

The Art and Science - SUD Assessment and Treatment: Lynn Fahey, Ph.D.

Dr. Fahey became Chief Executive Officer at Brandywine Counseling & Community Services, Inc. (BCCS) in July 2009, following a 16-year career at



BCCS. She has worked with a variety of populations including adolescents, dual diagnosed, severely mentally ill, HIV case management, pregnant women, mothers and criminal justice. She started at BCCS as a substance abuse counselor and advanced into positions of greater responsibility, including serving as Clinical Supervisor of the Women's Program, Perinatal Case Management, Project Director of the Comprehensive Outpatient Drug and Alcohol Programs, Director of BCCS's opioid treatment facilities. Dr. Fahey has a master's degree in psychology from Washington College and a doctorate in psychology with a concentration in organizational systems from Saybrook Research Institute. Dr. Fahey has guided BCCS to become a well-respected organization, known for its innovative prevention and treatment programs in behavioral health and substance abuse; working the front lines of fighting the Delaware opioid epidemic through Early Intervention, Education, Prevention, Treatment, and mobile outreach programs.

Dr. Fahey will discuss evidenced-based assessment and treatment techniques pertaining to substance abuse and dependence, as well as strategies to build rapport and engagement with clients battling substance abuse. Dr. Fahey will provide examples of treatment modalities that span the continuum of care, from prevention through treatment and recovery, and in various levels of care, from outpatient services through inpatient hospitalization, and peer support.

Breakout Room 1	Payment Strategies for SUD (<u>no CEUs for this seminar</u>): Karen Scout
	Ms. Scout will discuss processes for billing substance abuse treatment services to managed care organizations, to include emerging issues such as SBIRT (screenings), telemedicine, and Value Based Contracting. Ample time will be made for questions and answers. Participants should note that this is not a confidential session, and agency specifics should not be discussed.
11:30-11:45	Break
11:45-12:45	Session 2
Room A	The Treatment of Co-Occurring Disorders: Sherry Nykiel, M.D., and Kelly Ward, Ph.D.
Room B	Health Equity in the Substance Abuse and Behavioral Health Vector: Hector Colon-Rivera, M.D.
Room C	The Art and Science - SUD Assessment and Treatment: Lynn Fahey, Ph.D.
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