



August Activities

Speech



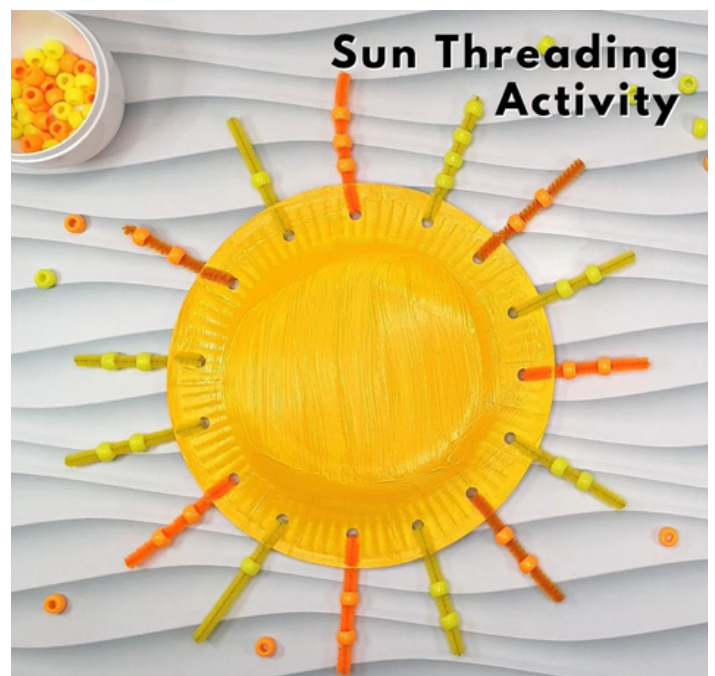
Nature Walks

Not only is a walk in nature good for physical health and development they can be a learning opportunity to improve childrens speech! Stop often to identify and name plants, animals and insects!

Fine Motor

Sun Threading!

This activity encourages fine motor skills, as well as colour identification! Using a paper plate, pipe cleaners and beads children create their very own sun!



Emotional Regulation

Breathe in and Out Song



Youtube is full of songs to help children learn breathing techniques in moments of stress. They are also fun interactive and easy to sing along to!

Click the image to listen to this song on YouTube!