November 2026

Early Years Programs Calendar

Childhood Connections
at the Strong Roots Centre

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 Food Skills *Parent class*	3 Artful Adventures *Kelowna*	4 Early Nourish Artful Adventures *West Kelowna*	5 Healthy Together	6	7
8	9 Food Skills *Parent class*	10 Artful Adventures *Kelowna*	11 No Programs Today	12 Healthy Together	13	14
15	16 Food Skills *Parent class*	17 Artful Adventures *Kelowna*	18 Early Nourish National Child's Day Early Years Event	19 Healthy Together	20	21
22	23 Food Skills *Parent class*	24 Artful Adventures Kelowna	25 Early Nourish Artful Adventures *West Kelowna*	26 Healthy Together	27	28
29	30	1	2	3	4	5

Early Years Programs:

Artful Adventures, Tuesdays 10am-11am *(geared for ages 2-5 years)*
Artful Adventures West Kelowna HUB, Wednesdays 10am-11:30am *(drop in, all ages)*
Healthy Together, 9:30am-11:30am *(for parents and their children ages 3-5 years)*
Food Skills, *(program for parents with a 6-10 year old, 6 weeks of nutrition education and skill building)*

REGISTER NOW

Parent Connection Programs: *(paused for summer, resuming September)*

Early Nourish - *parent connection program for moms with newborns to toddlers 2.5 year old (Sept-Dec)*

Registration is required for all programs listed above, unless specified as drop in.

Special Event - National Child's Day for Early Years, 9am-11:30am at the West Kelowna Sports Dome