

# Learning Through Play

## A Sensory Dig!

Who doesn't like a treasure hunt! What a neat way to engage those kiddos who don't usually enjoy getting their hands into the playdough or who don't sit long enough for the experience. Hide some gold coins or any type of treasure and have



**St. Patrick's Day  
GOLD Dig**



them 'hunt' for it. This could be done in the water table, the rice table or even in a bin of some shredded paper!

Remember to have the children wash their hands before and after digging in to reduce the transmission of those germs!

Enjoy the experience your self by digging in too!

## Healthy Snack Idea



What child can complain about a snack like this! Apple circles are easily made with an apple corer, and kids love them!



On a plate give them each a dollop of seed or nut butter (my kids love Sunflower Butter) with some granola or Rice Krispie cereal. You can also add chocolate chips, raisins, pumpkin and sunflower seeds, dried fruit and they get to design their own snack! There is no limit as to what can be added.



Will they create a flower in a garden? A space ship? A lady bug? Make healthy eating fun and enjoyable!

## Fizzy Cloud Dough

You can make cloud dough with vegetable oil to make it edible and ultimately taste safe. Edible does not mean eat it by the spoon full, but if your toddler were to take a taste—said toddler would be perfectly fine.

To make cloud dough mix in the 1:8 ratio.

- 1 cup Baking Soda
- 1 cup Flour
- 1/4 cup Vegetable Oil
- Food coloring
- Bowl for mixing



Once the kids are bored of shaping and molding, bring out the vinegar and droppers or squirt bottles and start fizzing! So. Much. Fun!!



Full recipe here! <https://www.powerfulmothering.com/fizzy-cloud-dough-experiment/>

## The Beehive

*Chant*

Here is a beehive *(hold up fist).*

Where are the bees?

Hidden away where nobody sees!

Watch as they fly out of their hive. *(Slowly open fist, showing fingers as you count)*

One, two, three, four, five!

**BZZZZZZZZZZ!** They're alive! *(wiggle fingers)*



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