

Join us for a free seminar:

# Healthy Aging

## Physically & Financially

Whether you want information for yourself or someone you love, we invite you to learn from a panel of the Lehigh Valley's Top Professionals about preparing for life's next stage!



**Alison Snell**  
Navigate Consulting, LLC and  
Life Spring In Home Care



**Yekaterina Bacenet**  
Attorney  
Gross McGinley Law Firm



**Frank Mastroianni**  
REALTOR®  
Better Homes and Gardens  
Real Estate Valley Partners



**Chelsea Lowery**  
Executive Director of  
Admissions  
Fellowship Community



**Dr. Bilal Mannan, MD**  
Internal Medicine Specialist



**Dr. Sohaib Mannan, MD**  
Geriatric Specialist



**Matthew Weider**  
Sr. Mortgage Loan Officer  
Conquest Mortgage LLC

November 15th from 12-2 PM  
Brookside Country Club - Lunch Included



901 Willow Lane  
Macungie, PA 18062

# Alison Snell

Alison "Ali" Snell obtained her Masters of Social Work degree from Marywood University and has a specialization in behavioral health. She has spent most of her social work career as a case manager/ discharge planner at one of the largest hospital networks in the Lehigh Valley. She has extensive experience with the geriatric population along with medical surgical patients, stroke, acute rehab, sub- acute rehab home health care and hospice. As a medical social worker, she also has the rare ability and clinical knowledge to complete utilization reviews for insurance companies. Ali also acted as a preceptor for many graduate and undergraduate social work students along with USF medical students. Ali's passion is to help seniors and their families navigate through the healthcare system and provide them the resources that is needed.

## Frank Mastroianni

Frank Mastroianni has been an active REALTOR® since 2007. While a member of one of the top-producing real estate teams in the Lehigh Valley, he gained valuable knowledge and experience in this ever-changing real estate market. As an independent, full-time REALTOR®, Frank has become a top 1% producer in the Greater Lehigh Valley Realtor Association. He has done so by providing all his clients with unparalleled service while helping them fulfill their real estate dreams. His hard work and dedication to his clients and this industry make him the BETTER choice for all your real estate needs.

## Matthew Weider

Matthew K. Wieder is a Senior Mortgage Loan Officer. He is committed exceeding expectations, providing outstanding customer service, and being your preferred mortgage provider. Matthew specializes in FHA, Conventional, Jumbo, VA, USDA, and any loans that involve thinking outside the box. Matthew is committed to continually providing his clients and business partners superior service. Top 1% Mortgage Originator in the US, Mortgage Executive Magazine 2019, 2020, 2021, 2022, 2023 Top Originator, Scotsman Guide Magazine Licensed Mortgage Originator Since 2004

## Chelsea Lowery

Chelsea Lowery obtained her BA in Communications from East Stroudsburg University and has been in the long-term care industry for over 10 years. The majority of her career has been in the Admissions role within non-profit organizations. She has extensive knowledge in the admission process as it relates to both short-term rehabilitation and long-term care, specifically insurance, Medicaid and long-term planning. Chelsea's passion is to be the calm in the storm for families making life changing decisions when entering a facility while navigating the post-acute world.

## Dr. Bilal Mannan, MD

Dr. Bilal Mannan is a Board-Certified Internal Medicine Specialist (Internist), a primary care physician who focuses on adults. Dr. Mannan started pre-medical sciences at Virginia Commonwealth University, where he also worked in an oncology laboratory at the School of Medicine. He subsequently transferred to the pre-medical curriculum at St. George's University, where he went on to complete his MD. He subsequently interned at SUNY Buffalo and completed residency at the Hofstra North Shore-LIJ Health System. During his residency, Dr. Mannan received proficiency in Critical Care Ultrasoundography (bedside ultrasound and related procedures), in which he often trained other residents. After graduating from his residency, Dr. Mannan served as a teaching hospitalist, first at the Northwell Health System in New York, and then at the Lehigh Valley Health Network in Allentown, Pennsylvania. Dr. Mannan has been practicing as an inpatient acute care physician, caring for hospitalized patients in the Lehigh Valley. Dr. Mannan has international emergency relief experience in the Philippines. In addition to English, Dr. Mannan speaks Hindi, Punjabi, and Urdu. In his spare time, he likes to travel and is often found running or biking around Lehigh Valley.

## Dr. Sohaib Mannan, MD

Dr. Sohaib Mannan is a Board-Certified Family Medicine Physician with a focus in aging care. He grew up locally in Orefield, PA and went to Parkland High School where his journey in healthcare first began shadowing local doctors in the community. After acquiring his undergraduate degree from Temple University, Dr. S Mannan pursued his dream of becoming a physician at St. George's University School of Medicine. Graduating his medical studies with distinction, he then moved to Upstate New York for his medical training in Family Medicine residency at United Health Services Wilson Medical Center. Driven by a desire to provide specialized care for elderly patients, he further dedicated himself to a Geriatric Medicine Fellowship at Brown University in Providence, Rhode Island. Dr. S Mannan's practice of medicine is defined by his unwavering commitment to aging medicine, his capacity for empathetic care, and his dedication to truly listening to his patients' needs, ensuring they receive the highest standard of healthcare.

## Yekaterina Bacenet

Yekaterina "Kathy" Bacenet works with individuals, families, and business owners to create customized estate plans. Guided by a philosophy that "no law or ordinance is mightier than understanding," she is especially passionate about educating young adults on the importance of estate planning. In addition to estate planning, Kathy is a skilled estate administration attorney. She works diligently to guide and assist executors and administrators through the probate process, providing counsel in simple estates, as well as more challenging estates. She is adept at preparing petitions, due diligence searches, and estate accounting, offering the utmost professionalism and proficiency to her clients. Prior to joining Gross McGinley, Kathy practiced estate and real estate law at New York law firms in Staten Island and Brooklyn. By reviewing and providing tailored legal documents like disclosures, real estate contracts, lease agreements, wills, and POAs, Kathy helped her clients protect what mattered most to them. Fluent in Russian, Kathy has volunteered her time to assist U.S. immigrants with citizenship and DACA applications. Within the community, she helped provide low-income and disabled veterans and their dependents with pro bono legal services for disability and benefits compensation matters.

RSVP

to Ali Snell at [lance940@gmail.com](mailto:lance940@gmail.com) or please call (484) 274-0036