CONTRA COSTA COUNTY
Office of Education
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Lynn Mackey, Superintendent of Schools



PARENT EDUCATION NIGHT

Impact of Digital and Social Media on Children

April 26, 2023	5:00 - 6:00 PM
This is a Virtual Event	

Join Contra Costa County Office of Education and Common Sense Media as we explore the impact digital media has on your child's social development. Discover ways you can reset your parenting approach to media use at home and rethink your child's online communications.

Join Us Via Our Zoom Link

https://bit.ly/CCCOETownhall4-23

Topics will include:

- A brief overview of the **technology / social media** landscape in 2023
- Simple conversation starters to discuss **media misuse** with your student
- Tips to ensure your student is understanding the short and long term implications of their **digital footprint**

Facilitated By common sense media