VIRTUAL SUPPORT GROUP

For Parents & Caregivers of Youth & Young Adults Experiencing Suicidal Ideations



Has your child experienced suicidal thoughts or behaviors?

Know that you are not alone.

Join our **virtual peer-led mutual aid support group** for parents and caregivers of youth who have experienced suicidal thoughts, behaviors, and/or attempted suicide.
This is **not** a clinical group; it's a space led by people with lived experience, focused on support, connection, and shared understanding.

In the group you can expect:
- connection with other parents/caregivers
- sharing supports and resources
- guest speakers on relevant topics

You're not alone - Connect with other families navigating similar experiences

Register Here

or scan QR code:

1st and 3rd **Thursdays** of the Month

KEYSPPLE
Keep Empowering Youth - Partners, Providers, Lived Experience

HOPEWORX Inc.

Questions? Please contact:
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