

# Person-Centered, Trauma-Informed Essentials for Aging Services

The Jewish Federations of North America's Center on Aging, Trauma, and Holocaust Survivor Care is proud to offer a free, comprehensive online training on the person-centered, trauma-informed (PCTI) approach - *Person-Centered, Trauma-Informed Essentials for Aging Services*.

## Course Overview

Developed by leaders in the PCTI approach, this course is designed to educate professionals and volunteers on the impact of trauma on health, aging, and service delivery and how the PCTI approach can help.

Through readings, videos, interactive scenarios, and practical exercises, participants will be able to:

1. Explain how trauma impacts health and well-being, aging, family caregiving, and service delivery.
2. Explain the PCTI approach and its relevance in serving older adults and family caregivers.
3. Apply the PCTI approach in different contexts, including across roles and diverse populations.



Free



Online



6 Hours of Content



Flexible, Self-Paced



10 Expert Interviews



16 Practical Exercises



Downloadable Resources



Certificate of Completion



Five Social Work CEs

## Why This Course Matters

As many as 90% of Americans will experience a traumatic event in their lifetime (Kilpatrick, 2013). This trauma exposure can have implications on the health and wellbeing of individuals as they age, and requires professionals, volunteers, and family caregivers to take an intentional approach to care delivery.

The PCTI approach has emerged as the golden standard in aging services, ensuring that all older adults and family caregivers have the care they need to thrive. The PCTI approach is a holistic model of care that promotes the health and well-being of individuals by accounting for the role of trauma across the life course, resisting retraumatization, and promoting the strength, agency, and dignity of people receiving care.

Whether you are a social worker, policy maker, community leader, organization executive, or family caregiver, this course offers invaluable insights and practical skills to enhance care for aging populations. As an individual learner, you will gain the skills to improve the health and well-being of those you support. As an organization, your team will improve the outcomes of people receiving care, the quality service delivery, organizational operations, and staff experiences.



**Join the PCTI movement today! Click the buttons to enroll.**

**Individual Learners:  
Sign Up Today!**

**Team Leaders: Register  
for Group Enrollment**

For more information about course content, FAQ, and CE eligibility, visit [https://holocaustsurvivorcare.jewishfederations.org/PCTI\\_training](https://holocaustsurvivorcare.jewishfederations.org/PCTI_training) or contact [PCTItraining@JewishFederations.org](mailto:PCTItraining@JewishFederations.org).