

February 2024 Programs

Programs shown were scheduled at the time of printing and are subject to change. **In-person classes are noted in black.** **Hybrid classes (in-person and virtual) are noted in blue.** **Special programs are noted in gold.** You must make an appointment where indicated on the calendar and register for lunches as well as hybrid classes and special programs.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>Celebrating Black History Month</p>	<p>Special Lunch & Valentine's Day Dance Party February 12th!</p>	 <p>HAPPY PRESIDENTS DAY</p>	<p>1</p> <p>8:00 Creative Coloring 8:00 Rummikub/ Games/Puzzles/Chess 9:00 Yoga (\$4) 10:00 Chair Yoga (\$4) 11:30-12:30pm Lunch - Celebrating February Birthdays! 12:30pm Dance Fit (\$4) 2:00pm Korean Line Dancing 3:00pm ESL for Koreans 4:00pm Korean Taekwondo</p>	<p>2</p> <p>8:00 Creative Coloring 8:00 Rummikub/ Games/Puzzles/Chess 9:30 PEAK Pinochle 10:00-12:00pm Tech Appointments with Les 11:30-12:30pm Lunch 12:30pm Bingo 1:30pm Korean Kalimba 2:00pm Korean Bong Sul 3:00pm Korean Book Club</p>
<p>5</p> <p>8:00 Creative Coloring 8:00 Rummikub/ Games/Puzzles/Chess 10:00 Fit for the Future (\$4) 10:00 Whist & Other Games 11:00 Stitch & Chat 11:30-12:30pm Lunch 12:30 pm Fraud Bingo 2:00pm Korean Bong Sul</p>	<p>6</p> <p>8:00 Creative Coloring 8:00 Rummikub/ Games/Puzzles/Chess 10:00 Crafts with Friends (\$3) 10:00 Tai Chi (\$4) 11:30-12:30pm Lunch 1:00pm Games 1:00pm Korean Computer Class 1:00pm Korean Dance & Drumming 3:30pm Korean Smart Phone Class</p>	<p>7</p> <p>8:00 Creative Coloring 8:00 Rummikub/Games/ Puzzles/Chess 10am-3pm Shiatsu Appointments (\$20) 10:00 Fit for the Future (\$4) 10:00 Medicare Counseling (by appt.) 10:00 Wii Bowling 11:30-12:30pm Lunch 12:00-1:30pm Senior Expo 12:45pm Pinochle 2:00pm Korean Bong Sul 2:30pm Korean Drawing Class (2:30 Beginner / 3:30 Experienced) 3:30pm Korean Saxophone Class (3:30 Beginner / 4:30 Experienced)</p>	<p>8</p> <p>8:00 Creative Coloring 8:00 Rummikub/ Games/Puzzles/Chess 9:00 Yoga (\$4) 10:00 Chair Yoga (\$4) 11:30-12:30pm Lunch 2:00pm Korean Line Dancing 3:00pm ESL for Koreans 4:00pm Korean Taekwondo</p>	<p>9</p> <p>Spirit Day! Wear your favorite sports team apparel!</p> <p>8:00 Creative Coloring 8:00 Rummikub/ Games/Puzzles/Chess 9:30 PEAK Pinochle 10:00-12:00pm Tech Appointments with Les 11:00 Grief Support 11:30-12:30pm Lunch 12:30pm Bingo 1:30pm Korean Kalimba 2:00pm Korean Bong Sul 3:00pm Korean Book Club</p>
<p>12</p> <p>8:00 Creative Coloring 8:00 Rummikub/ Games/Puzzles/Chess 10:00 Fit for Future (\$4) 10:00 Whist & Other Games 11:00 Stitch & Chat 11:30-1:30pm Special Lunch and Valentine's Day Dance Party (\$10) 2:00pm Korean Bong Sul</p>	<p>13</p> <p>8:00 Creative Coloring 8:00 Rummikub/ Games/Puzzles/Chess 8:30-12:30pm AARP Refresher Course \$ 10:00 Tai Chi (\$4) 10:00 Storytime with Josephine (Online & at PEAK) 10:00-12:30pm PA State Rep. Steve Malagari Resource Table 11:30-12:30pm Lunch 1:00pm Game Club 1:00pm Korean Computer Class 1:00pm Korean Dance & Drumming 3:30pm Korean Smart Phone Class</p>	<p>14</p> <p>8:00 Creative Coloring 8:00 Rummikub/Games/ Puzzles/Chess 10:00 Fit for the Future (\$4) 10:00 Medicare Counseling (by appt.) 10:00 Wii Bowling 11:30-12:30pm Lunch with special volunteers from Mater Dei 12:30pm Chair Exercise Bingo (\$4) 12:45pm Pinochle 2:00pm Korean Bong Sul 2:30pm Korean Drawing Class (2:30 Beginner / 3:30 Experienced) 3:30pm Korean Saxophone Class (3:30 Beginner / 4:30 Experienced)</p>	<p>15</p> <p>8:00 Creative Coloring 8:00 Rummikub/ Games/Puzzles/Chess 9:00 Yoga (\$4) 10:00 Chair Yoga (\$4) 11:30-12:30pm Lunch 12:30-2:30pm Montco Association for the Blind 12:30pm Zumba (\$4) 2:00pm Korean Line Dancing 3:00pm ESL for Koreans 4:00pm Korean Taekwondo</p>	<p>16</p> <p>8:00 Creative Coloring 8:00 Rummikub/ Games/Puzzles/Chess 9:30 PEAK Pinochle 11:30-12:30pm Lunch 12:30pm Bingo 1:30pm Korean Kalimba 2:00pm Korean Bong Sul 3:00pm Korean Book Club</p>
<p>19</p> <p>8:00 Creative Coloring 8:00 Rummikub/ Games/Puzzles/Chess 10:00 Fit for Future (\$4) 10:00 Whist & Other Games 11:00 Stitch & Chat 11:30-12:30pm Lunch 12:30 pm Unita Blackwell Black History Month presentation 2:00pm Korean Bong Sul</p>	<p>20</p> <p>8:00 Creative Coloring 8:00 Rummikub/ Games/Puzzles/Chess 10:00 Tai Chi (\$4) 10:30 Balance Screenings 11:30-12:30pm Lunch 1:00pm Game Club 1:00pm Korean Computer Class 1:00pm Korean Dance & Drumming 3:30pm Korean Smart Phone Class</p>	<p>21</p> <p>8:00 Creative Coloring 8:00 Rummikub/Games/ Puzzles/Chess 10:00 Fit for the Future (\$4) 10:00 Medicare Counseling (by appt.) 10:00 Wii Bowling 11:30-12:30 Lunch 12:30pm Advisory Council 12:45pm Pinochle 2:00pm Korean Bong Sul 2:30pm Korean Drawing Class (2:30 Beginner / 3:30 Experienced) 3:30pm Korean Saxophone Class (3:30 Beginner / 4:30 Experienced)</p>	<p>22</p> <p>8:00 Creative Coloring 8:00 Rummikub/ Games/Puzzles/Chess 9:00 Yoga (\$4) 10:00 Chair Yoga (\$4) 11:30-12:30pm Lunch 2:00pm Korean Line Dancing 3:00pm ESL for Koreans 4:00pm Korean Taekwondo</p>	<p>23</p> <p>8:00 Creative Coloring 8:00 Rummikub/ Games/Puzzles/Chess 9:30 PEAK Pinochle 11:00 Grief Support 11:30-12:30pm Lunch 12:30pm Bingo 1:30pm Korean Kalimba 2:00pm Korean Bong Sul 3:00pm Korean Book Club</p>
<p>26</p> <p>8:00 Creative Coloring 8:00 Rummikub/ Games/Puzzles/Chess 10:00 Fit for Future (\$4) 10:00 Whist & Other Games 11:00 Stitch & Chat 11:30-12:30pm Lunch 12:00-1:30pm Movie Matinee 12:00pm Book Club 2:00pm Korean Bong Sul</p>	<p>27</p> <p>8:00 Creative Coloring 8:00 Rummikub/ Games/Puzzles/Chess 10:00 Tai Chi (\$4) 11:30-12:30pm Lunch 12:00pm Legal Consultations (by appt.) 1:00pm Game Club 1:00pm Korean Computer Class 1:00pm Korean Dance & Drumming 3:30pm Korean Smart Phone Class</p>	<p>28</p> <p>8:00 Creative Coloring 8:00 Rummikub/Games/ Puzzles/Chess 10:00 Fit for Future (\$4) 10:00 Medicare Counseling (by appt.) 10:00 Wii Bowling 10:00-12:00pm PA Senator Maria Collett Resource Table 11:30-12:30pm Lunch 12:45pm Pinochle 2:00pm Korean Bong Sul 2:30pm Korean Drawing Class (2:30 Beginner / 3:30 Experienced) 3:30pm Korean Saxophone Class (3:30 Beginner / 4:30 Experienced)</p>	<p>29</p> <p>8:00 Creative Coloring 8:00 Rummikub/ Games/Puzzles/Chess 9:00 Yoga (\$4) 10:00 Chair Yoga (\$4) 11:30-12:30pm Lunch 2:00pm Korean Line Dancing 3:00pm ESL for Koreans 4:00pm Korean Taekwondo</p>	 <p>New Class Alert! Chair Yoga Thursdays at 10am</p>