

TRAUMA 102

BASIC SKILLS OF TRAUMA-INFORMED CARE



Building on information provided in Trauma 101, professionals expand their understanding of trauma and are provided specific skills that enhance abilities to interact in emotionally and relationally healthy ways with people impacted by trauma.

As professionals become trauma-aware, they have a responsibility to prevent, avoid and respond to trauma. In this hands-on, interactive workshop professionals are provided opportunities to implement and practice the skills presented.



Wednesday, October 22



10:00am-12:00pm



Zoom

REGISTER NOW



CEU Eligible



Nadja Mummery

Training Institute Coordinator
Bucks-Mont Collaborative

Nadja Mummery is a seasoned community educator with over a decade of experience in the Greater Philadelphia and North Penn regions fostering positive change. Her commitment to community well-being extends beyond her direct work. Nadja has also provided training to a wider audience, equipping individuals and organizations with the knowledge and tools to navigate complex issues such as poverty, trauma, and the impact of discrimination.



Melissa Groden

Human Services Practitioner
The Council of Southeast
Pennsylvania, Inc

Melissa Groden is a Human Service Professional with 29 years of experience in the field. She is also a Certified Family Recovery Specialist, Adjunct Trainer for Lakeside Global Institute, and a Certified Trainer in the Pennsylvania Student Assistance Program and Youth Mental Health First Aid. She holds a master's degree in administration of human services from Chestnut Hill College with a bachelor's degree in psychology, and a minor in criminal justice, from Temple University. She engages in a person-centered approach to support, educate, and empower those in need.