



Virtual Caregiver Support Group via Zoom for Young Adult Caregivers 20s/30s of Early Onset Dementia

Presented by:

Alzheimer's Association

Delaware Valley

First Wednesday of the month
6:00 p.m. - 7:30 p.m.

REGISTER via links or call 800.272.3900

12/2: <https://action.alz.org/mtg/7258289>

1/6: <https://action.alz.org/mtg/72582948>

2/3: <https://action.alz.org/mtg/72582952>

3/3: <https://action.alz.org/mtg/72582956>

Visit alz.org/crf to find more virtual support groups in the community resource finder. To further extend your network of support, visit ALZ connected®, our online community, at alzconnected.org.

Build a support system with people who understand.

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.