

# FUNDAY FRIDAY WITH CIC



**Creating Increased Connections**  
A program of Resources for Human Development

## WALK AND TALK

### Mutual Aid on The Move

Join us for a time to work on our wellness together.  
Enjoy each other's company as we exercise  
together.

Walking not required

**EVERY 1ST AND 3RD FRIDAY OF THE MONTH**  
**11:00AM-1:30PM**

**MEETING AT KING OF PRUSSIA MALL**  
**FOOD COURT ON 1ST FLOOR**  
PARK AND ENTER THROUGH THE ENTRANCE NEAR  
DICK'S SPORTING GOODS AND BONEFISH GRILL

160 N GULPH RD  
KING OF PRUSSIA, PA 19406



QUESTIONS: CONTACT  
KARLEEN.CAPARRO@RHD.ORG



## VIRTUAL GAME DAY

Fun activities and games to close out the week.  
Different games and activities each week. A place  
to laugh and socialize with peers

**EVERY 2ND AND 4TH FRIDAY OF THE MONTH**  
**11:00AM-12:30PM**

**ZOOM LINK**  
**[HTTPS://RHD.ZOOM.US/J/99810950596](https://rhd.zoom.us/j/99810950596)**

**MEETING ID: 998 1095 0596**



QUESTIONS: CONTACT  
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