

Delaware Valley In-Person Education Programs



No one should face dementia alone.

Join us for our series of 2023 in-person education programming.

Registration is required. Click a registration link below or call **800.272.3900**.

To find programs available on-demand, visit alzheimer.org/education.

PENNSYLVANIA

Friday, May 5 — 1 to 2 p.m. — Philadelphia Community Forum for the Hispanic Community

We want to hear from you! Attend to share your experience with Alzheimer's disease and discuss how the Association can best serve your community. Together we can help enhance care and support resources for those facing the disease. Light refreshments will be provided. Traducción al español disponible. Hosted by Congreso de Latinos Unidos.

Congreso de Latinos Unidost | 216 W. Somerset Street | Philadelphia, PA 19133

<https://action.alz.org/mtg/90565053>

Wednesday, May 10 — 1 to 2 p.m. — Dementia Conversations

When someone shows signs of dementia, it's time to talk. Often, conversations with family about changing behaviors can be challenging and uncomfortable. This program offers tips on how to have honest and caring conversations to address common issues. Topics include going to the doctor, deciding when to stop driving and making legal and financial plans. Hosted by TriCounty Active Adult Center.

TriCounty Active Adult Center | 288 Moser Road | Pottstown, PA 19464

<https://action.alz.org/mtg/543196036>

Monday, May 15 — 8:30 to 11:30 a.m. — Community Forum for Lehigh Valley Residents

We want to hear from you! Attend to share your experience with Alzheimer's disease and discuss how the Association can best serve your community. Together we can help enhance care and support resources for those facing the disease. A light breakfast will be provided. Hosted by Lehigh Valley Active Life.

Lehigh Valley Active Life | 1633 Elm Street | Allentown, PA 18102

<https://action.alz.org/mtg/544070452>

Tuesday, May 23 — 2 to 3 p.m. — Understanding Alzheimer's and Dementia

Attend to learn the basics of Alzheimer's and dementia. Explore what happens in a brain impacted by the disease and understand risk factors and three general disease stages. Learn about FDA-approved medications for treating symptoms, hear about the latest research and become familiar with Alzheimer's Association resources. Hosted by Robert Saligman Apartments.

Robert Saligman Apartments | 8900 Roosevelt Boulevard | Philadelphia, PA 19115

<https://action.alz.org/mtg/547917508>

Thursday, June 1 — 12 to 1 p.m. — Advancing the Science: The Latest in Alzheimer's and Dementia Research

Join us to learn about the landscape of Alzheimer's and dementia science, disease risk factors, highlights in early detection and diagnosis and the latest advances in clinical trials, treatments and lifestyle interventions. Hosted by Doylestown Hospital.

Doylestown Hospital | 555 State Street | Conference Room B | Doylestown, PA 18901

<https://action.alz.org/mtg/548364335>

PENNSYLVANIA (continued)

Thursday, June 8 — 10 to 11:45 a.m. — Dementia Symposium: Research & Care

Join us to learn about the landscape of Alzheimer's and dementia science, disease risk factors, highlights in early detection and diagnosis and the latest advances in clinical trials, treatments and lifestyle interventions. Learn best practices for managing dementia-related behavior and hear real-life experiences from a panel of dementia caregivers. Hosted by Waverly Heights.

Waverly Heights | 1400 Waverly Road | Gladwyne, PA 19035

<https://action.alz.org/mtg/548080272>

Thursday, June 15 — 6 to 7 p.m. — Understanding and Responding to Dementia-Related Behavior

Behavior is a powerful form of communication and is one of the primary ways people living with dementia communicate their needs. However some behaviors can present challenges for caregivers to manage. Join us to learn to decode behavioral messages, identify common triggers and learn strategies to help manage some of the most common behavioral challenges of dementia. Hosted by Moravian Hall Square.

Moravian Hall Square | 175 W. North Street | Nazareth, PA 18064

<https://action.alz.org/mtg/544584661>

Wednesday, June 28 — 5:30 to 6:30 p.m. — Healthy Living for Your Brain and Body

Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and tools to incorporate these recommendations into a plan for healthy aging. Hosted by Willows Park Preserve.

Willows Park Preserve | 490 Darby Paoli Road | Villanova, PA 19085

<https://extension.psu.edu/healthy-living-for-your-brain-and-body-workshop>

NEW JERSEY

Tuesday, May 16 — 6 to 7 p.m. — 10 Warning Signs of Alzheimer's

This program will help people recognize common signs of the disease. We'll explore typical age-related changes, explain the importance of early detection and the benefits of diagnosis, and identify helpful Alzheimer's Association resources. Hosted by Woodview Estates.

Woodview Estates | 5030 Umami Boulevard | #A100 | Mays Landing, NJ 08330

<https://action.alz.org/mtg/544658036>

Tuesday, May 16 — 10 to 11 a.m. — 10 Warning Signs of Alzheimer's

This program will help people recognize common signs of the disease. We'll explore typical age-related changes, explain the importance of early detection and the benefits of diagnosis, and identify helpful Alzheimer's Association resources. Hosted by St. Simons Stock Parish.

St. Simons Stock Parish | 178 W. White Horse Pike | Berlin, NJ 08009

<https://action.alz.org/mtg/544658402>

Thursday, June 8 — 9 to 10 a.m. — 10 Warning Signs of Alzheimer's

This program will help people recognize common signs of the disease. We'll explore typical age-related changes, explain the importance of early detection and the benefits of diagnosis, and identify helpful Alzheimer's Association resources. Hosted by Shore Diner.

Shore Diner | 6710 Tilton Road | Egg Harbor Township, NJ 08234

<https://action.alz.org/mtg/544658739> (Must RSVP)

DELAWARE

Tuesday, May 2 — 11 a.m. to 12 p.m. — 10 Warning Signs of Alzheimer's

This program will help people recognize common signs of the disease. We'll explore typical age-related changes, explain the importance of early detection and the benefits of diagnosis, and identify helpful Alzheimer's Association resources. Hosted by Bear Library.

Bear Library | 101 Governors Place | Bear, DE 19701

<https://action.alz.org/mtg/540992844>

DELAWARE (continued)

Monday, May 8 — 6 to 7 p.m. — 10 Warning Signs of Alzheimer's

This program will help people recognize common signs of the disease. We'll explore typical age-related changes, explain the importance of early detection and the benefits of diagnosis, and identify helpful Alzheimer's Association resources. Hosted by Bear Library.

Bear Library | 101 Governors Place | Bear, DE 19701

<https://action.alz.org/mtg/540992449>

Wednesday, May 17 — 2 to 3 p.m. — 10 Warning Signs of Alzheimer's

This program will help people recognize common signs of the disease. We'll explore typical age-related changes, explain the importance of early detection and the benefits of diagnosis, and identify helpful Alzheimer's Association resources. Hosted by Brandywine Hundred Library.

Brandywine Hundred Library | 1300 Folk Road | Wilmington, DE 19803

<https://action.alz.org/mtg/547867936>

Sunday, May 21 — 3 to 4 p.m. — 10 Warning Signs of Alzheimer's

This program will help people recognize common signs of the disease. We'll explore typical age-related changes, explain the importance of early detection and the benefits of diagnosis, and identify helpful Alzheimer's Association resources. Hosted by St. Paul's United Methodist Church.

St. Paul's United Methodist Church | 406 Main Street | Odessa, DE 19730

<https://action.alz.org/mtg/553709226>

Tuesday, May 23 — 1 to 2 p.m. — Managing Money: A Caregiver's Guide to Finances

If you are someone you know is facing Alzheimer's disease, dementia or another chronic illness, it's never too early to put financial plans into place. Join us to learn tips for managing someone else's finances, how to prepare for future care costs and the benefits of early planning. Hosted by Newark Senior Center.

Newark Senior Center | 200 Whitechapel Drive | Classrooms 1 & 2 | Newark, DE 19713

<https://action.alz.org/mtg/541090180>

Friday, June 6 — 1 to 2 p.m. — Effective Communication Strategies

Attend to understand how persons with dementia communicate using attitude, tone, facial expression and body language. Learn to decode verbal and behavioral messages and connect in new ways. Hosted by Newark Senior Center.

Newark Senior Center | 200 Whitechapel Drive | Classrooms 1 & 2 | Newark, DE 19713

<https://action.alz.org/mtg/541089950>

Wednesday, June 14 — 4 to 5 p.m. — 10 Warning Signs of Alzheimer's

This program will help people recognize common signs of the disease. We'll explore typical age-related changes, explain the importance of early detection and the benefits of diagnosis, and identify helpful Alzheimer's Association resources. Hosted by Rockland Place.

Rockland Place | 1519 Rockland Road | Wilmington, DE 19803

<https://action.alz.org/mtg/553820739>