

MON

TUES

WED

THURS

FRI

November 2024



Encore Experiences in Harleysville Part of GHN PSS

312 Alumni Avenue, Harleysville, PA 19438 215-256-6900

Lunch is served daily from 12 pm - 1 pm. Advanced Reservations are required. Call 215-256-6900 for all lunch or program reservations and appts.

10am Wii Sports or Jeopardy 10am-12pm Open Enrollment Presentation w/ United Healthcare* 11am Prayer Care Group 12:30pm Table Toppers* 1pm The Happy? Ya! Ya! Crew & Corpus Christi Kids* 1:30pm Stretch & Tone (\$4)



Access to our facility, including fitness room, library, pool table, and ample space for socializing, puzzling, & relaxing is available 8 am - 4 pm, M-F.

More information about calendar items designated as *Special Programming in Orange, or **Resources and Services in blue, can be obtained at our front desk.

Detailed descriptions for our regular and recurring programming can be found on our website: www.ghnps.org or scan below for quick access



Scan me

4 9:15am Tai Chi (\$5) 10:30am Chair Yoga hosted by Independence Blue Cross* 10:30am-12:00pm Cash for Gold!* 1:30pm Art Class (\$4) 1:45pm Bingo for Bucks

5 CENTER CLOSED for ELECTION DAY Visit The PEAK Center Today! VOTE

6 8am Chess 9:15am Tai Chi (\$5) 9:30am Coloring for Calmness 10-11:45am Balance and Fall Prevention w/ Grandview* 1pm Rummikub 1pm Memory Lane: Autumn & Thanksgiving Traditions*

7 9am Wood Carving 9:30am Stitch & Chat 9:30-10:45am Free Blood Pressure Screenings 10am-2pm GMU SLP Students on Site* 11am Help Yourself to Healthy Living* 12:30pm Bridge 12:30pm Skip-Bo 1:30pm Tone & Balance (\$4)

8 9am Breakfast Club* 10am Wii Sports or Jeopardy 10am Prevent T2 Program (pre-registered participants only) 11am State Rep Scheuren Office Hour** 1pm The Happy? Ya! Ya! Crew* 1:30pm Stretch & Tone (\$4)

11 9:15am Tai Chi (\$5) 1:30pm Art Class (\$4) 1:45pm Bingo for Bucks

12 9am-2pm Social Services Appts w/ Carol** 9:15am Walking w/ Weights canceled 9:30am Group Trivia 10:30am Scrabble 12:30pm Pinochle 1pm Mahjong 1:30pm Zumba (\$4)

13 8am Chess 9:15am Tai Chi (\$5) 9:30am Coloring for Calmness 10:30am Diamond Art Magnets w/ Laura (\$2) 1pm Rummikub 1:45pm Fall Dessert Making with Trish*

14 9am Wood Carving 9am Medicare Counseling Appts** 9:30am Stitch & Chat 10am-2pm GMU SLP Students on Site* 12:30pm Advisory Council** 12:30pm Bridge 12:30pm Skip-Bo 1:30pm Tone & Balance (\$4)

15 10am Wii Sports or Jeopardy 11am Prayer Care Group 1pm The Happy? Ya! Ya! Crew* 1:30pm Stretch & Tone (\$4)

18 9:15am Tai Chi (\$5) 1:30pm Art Class (\$4) 1:45pm Bingo for Bucks

19 9-10:20am Haircuts* 9:15am Walking w/ Weights (\$4) 9:30am Group Trivia 10:30am Scrabble 11am-12pm St. John Neumann Table* 12:30pm Pinochle 1pm Mahjong 1:30pm Zumba (\$4)

20 8am Chess 9:15am Tai Chi (\$5) 9:30am Coloring for Calmness 10am Alzheimer's Assoc w/ Jane Cero* 12pm Special Thanksgiving Lunch w/ Mummies 1pm Indoor Shuffleboard 1pm Rummikub

21 9am Wood Carving 9am-2pm Social Services Appts w/ Carol** 9:30am Stitch & Chat 10am-2pm GMU SLP Students on Site* 12:30pm Bridge 12:30pm Skip-Bo 1:30pm Shuffleboard in place of Tone & Balance 4:30pm Dinner Outing*

22 9:30am Veterans' Coffee Catch Up* 10am Wii Sports or Jeopardy 1pm The Happy? Ya! Ya! Crew & YMCA kids visit* 1:30pm Stretch & Tone (\$4)

25 9:15am Tai Chi (\$5) 1:30pm Art Class (\$4) 1:45pm Bingo for Bucks

26 9:15am Walking w/ Weights (\$4) 9:30am Group Trivia 10:30am Scrabble 12:30pm Pinochle 1pm Mahjong 1:30pm Stretch and Tone in Place of Zumba Today (\$4)

27 8am Chess 9:15am Tai Chi (\$5) 9:30am Coloring for Calmness 1pm Rummikub 1pm Movie Matinee*

28 29 Closed for Thanksgiving