

## 24/7 HELPLINE: 800.272.3900

The Alzheimer's Association Helpline (800.272.3900) provides free support and guidance to individuals and families impacted by Alzheimer's and other dementias. The service provides reliable information, education, referrals, crisis assistance and emotional support to individuals living with the disease, their families, health care professionals and the public. Translation services are available in more than 200 languages and dialects. Callers are connected to the Alzheimer's Association chapter in their area for local resources and programs and ongoing support.

## COMMUNITY RESOURCE FINDER

The Alzheimer's Association and AARP Community Resource Finder ([alz.org/CRF](https://alz.org/CRF)) is a comprehensive database providing access to listings of local resources as well as community programs and services. Community organizations and businesses are invited to register.

## CAREGIVER SUPPORT GROUPS

The Alzheimer's Association offers support groups led by trained peers and professionals for dementia caregivers. Groups provide a safe space for members to share information, experiences and coping skills, creating an atmosphere of mutual support. Specialized groups are available. Groups can be found by calling the 24/7 Helpline, at [alz.org/CRF](https://alz.org/CRF) or through the online message board, [ALZCONNECTED](https://alzconnected.org)<sup>®</sup>.

## E-SERVICES

Online resources offer convenient access to tools and information. Location-specific Alzheimer's disease-related services can be found using The Alzheimer's Association and AARP Community Resource Finder ([alz.org/CRF](https://alz.org/CRF)). Alzheimer's Navigator<sup>®</sup> ([alz.org/alzheimersnavigator](https://alz.org/alzheimersnavigator)) helps people map a plan to approach the disease. Free online courses are accessible 24/7 at [alz.org/education](https://alz.org/education).

## AWARENESS PRESENTATIONS

Trained program volunteers offer 15-20 minute awareness presentations designed to share basic disease information and resources with compelling stories of encouragement. This format can fit into existing business meetings, corporate lunch & learns and community gatherings.

## TRIALMATCH<sup>®</sup>

[TrialMatch](https://www.trialmatch.com)<sup>®</sup> is a free, easy to use service that connects individuals with dementia, families and healthy participants with clinical trials based on user-provided information. The program helps accelerate progress and provides valuable insight into potential treatments and prevention methods.

## CONSUMER EDUCATION

The Alzheimer's Association seeks to empower consumers through education programs. Topics include warning signs, managing money, living with Alzheimer's and more. Programs are free and provided online and in person.

## PROFESSIONAL EDUCATION

The Alzheimer's Association offers **trainings and certifications** reflecting Dementia Care Practice Recommendations, which serve as the benchmark for quality care across the disease spectrum. There are two online options to educate professional care workers on current evidence-based, person-centered practices: Person-Centered Dementia Care Training Program Curriculum Review and Essentialz<sup>®</sup> Certification.

## RESEARCH PRESENTATIONS

As a global leader in dementia research, the Alzheimer's Association offers education programs on the latest research developments, disease risk factors, highlights in early detection and diagnosis, clinical trial advances, treatments and lifestyle intervention.

## DIVERSITY, EQUITY & INCLUSION

The Alzheimer's Association seeks to support diversity and create a culture of inclusivity. We recognize systemic racial and social injustices which impact health disparities and strive to meet the demand for culturally and linguistically competent resources and programs serving Black, Latinx, Asian, Faith and LGBTQIA+ populations. We partner with local and national organizations to advocate for policy change and provide education focused on addressing social inequities.

The Alzheimer's Association Delaware Valley Chapter is headquartered in Philadelphia, PA with regional offices in Newport, Delaware, and in Marlton and Northfield in New Jersey. For more information visit [alz.org/delval](https://alz.org/delval) or call the Alzheimer's Association 24/7 Helpline at **800.272.3900**.