

Youth and Parent Groups



LGBTQIA+ Teens group

Are you an LGBTQIA+ teen looking for a safe, supportive space to connect with other youth? Join our youth program! Meetings will involve mental health check-ins, the opportunity to talk about stressors, learn helpful coping skills, and social time with snacks and activities!



Parents/Caregivers of LGBTQIA+ Individuals

Learning that your child is LGBTQIA+ can bring up a lot of questions and unexpected feelings. Join this therapist-facilitated group for support on your journey, and for help learning how you can best support your child through theirs!

Weekly on Tuesdays 7pm - 8:30pm

(4th Tuesdays are Activity Nights for all ages)

There is no cost to join!

These groups meet simultaneously, in-person and are facilitated by our team of Intern Therapists, supervised by Licensed Professional Counselor Amber Lynn Connell, MA, LPC. Amber has 15+ years of experience working with youth and families.

Contact: Email amber@welcomeprojectpa.org with questions or to register!



Lexi Stolberg
(she/her/hers)



Levi Bentley
(they/them/theirs)



Amber Lynn Connell, MA, LPC
(she/her/hers)



Kyrsten Kennedy
(she/her/hers)



Alex Lilly
(they/them/theirs)