

# Youth and Parent Groups



## LGBTQIA+ Teens group

Are you an LGBTQIA+ teen looking for a safe, supportive space to connect with other youth? Join our youth program! Meetings will involve mental health check-ins, the opportunity to talk about stressors, learn helpful coping skills, and social time with snacks and activities!



## Parents/Caregivers of LGBTQIA+ Individuals

Learning that your child is LGBTQIA+ can bring up a lot of questions and unexpected feelings. Join this therapist-facilitated group for support on your journey, and for help learning how you can best support your child through theirs!

**Weekly on Tuesdays 7pm - 8:30pm**

*(4th Tuesdays are Activity Nights for all ages)*

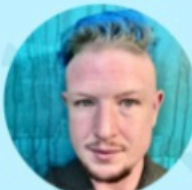
*There is no cost to join!*

These groups meet simultaneously, in-person and are facilitated by our team of Intern Therapists, supervised by Licensed Professional Counselor Amber Lynn Connell, MA, LPC. Amber has 15+ years of experience working with youth and families.

Contact: Email [amber@welcomeprojectpa.org](mailto:amber@welcomeprojectpa.org) with questions or to register!



Lexi Stolberg  
(she/her/hers)



Levi Bentley  
(they/them/theirs)



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