



Join Us: Trauma for LGBTQIA+ Communities
February 9, 2024, 9:30-11:30am, Zoom
Free and open to all, thanks to [PA Link](#)
Facilitated by: [SAGA/Welcome Project PA](#)

[Register Here!](#)

This session will discuss the impact of trauma, microaggressions, and discrimination on the physical, emotional, and mental well-being of LGBTQIA+ individuals. It will explore how unintended biases impact the LGBTQIA+ community, and provide terms, tools, and an understanding of how to integrate trauma-informed principles to better meet the needs of LGBTQIA+ populations. Participants will:

- Learn vocabulary and common terminology related to the LGBTQIA+ community.
- Enhance their knowledge of how trauma affects the body and brain and increase awareness of trauma experiences within the LGBTQIA+ community.
- Conceptualize LGBTQIA+ individuals experiences from a multicultural and trauma-informed lens with considerations for intersectionality and inclusivity.
- Explore how to work towards culturally responsive communities to promote health and well-being for all.

Thank you to the [PA Link](#) for sponsoring this training to be free and open to all in our community! *We are grateful for your partnership and support.*

Thank you to the [SAGA/Welcome Project PA](#) for facilitating this training!

SAGA “Sexuality And Gender Acceptance”, the largest program of The Welcome Project PA, was born of a need for more acceptance and support for the LGBTQIA+ community of Montgomery and Bucks Counties. SAGA Community Center strives to be a “safe and brave space” for all LGBTQIA+ individuals and allies by providing community building, support, activities, education, and advocacy for the local community. They are an interfaith and no-faith affirming space for all sexes, genders, sexualities, and allies.

The Welcome Project PA strives to be a diverse, safe place for marginalized and vulnerable populations and seeks to bring about positive social change to improve the quality of life for these individuals and families in Greater Philadelphia. The Welcome Project PA provides educational resources, support groups, social activities and events, advocacy, interfaith learning and cooperation, and LGBT+ friendly, trauma-informed therapy, healing, and counseling. They serve newcomers to the US, Spanish-speaking communities, refugees, vulnerable faith communities, LGBTQ+ communities, and people living in poverty who lack the basic necessities.



THE WELCOME PROJECT PA
Serving Maryland Individuals, Families, and Communities