

Join Our Support Groups!

Caring for a baby can be overwhelming and isolating. You are not alone – join us!



Maternity Care Coalition invites all newly postpartum and breastfeeding & chest-feeding families to join our virtual support groups.



WEEKLY POSTPARTUM DROP-INS:

- Offers postpartum parents the opportunity to ask questions, share experiences, and find community among peers in a small group setting.
- This group is ideal for all postpartum parents and their babies ages 0 – 3 months.



WEEKLY LACTATION EMPOWERMENT CIRCLE:

- Offers support, guidance, and celebration for parents as they reach their lactation goals.
- Provides an environment where all things lactation can be discussed and celebrated in a judgment free environment.



Register Here!

bit.ly/DoulaandLactation

All services are free and voluntary!

To learn more, visit our website maternitycarecoalition.org or call us at **215-972-0700** and select option 1. For connections to recovery support, select option 2.