

# Winter Support Group Schedule

## FAMILY SUPPORT GROUPS

1st Monday at 7 pm in Eagleville

1st Tuesday at 7 pm in Lansdale

2nd + 4th Mondays at 7 pm, Virtual

1st Wednesday at 9:30 am, Virtual

2nd Thursday at 7:30 pm, Virtual

## CONNECTION RECOVERY SUPPORT GROUPS

1st Monday at 6:15 pm in Lafayette Hill

Every Monday at 9:30 am, Virtual

Every Tuesday at 7 pm, Virtual (18-40 but all welcome)

Last Friday of every month at 6:30 pm, Virtual (LGBTQIA+)

2nd + 4th Saturdays at 10 am, Virtual, (55+ but all welcome)

1st + 3rd Saturdays at 10 am, Virtual

All groups are confidential and no cost to attend. Face mask required for in person groups.  
Registration required at: <https://namimontcopa.org/support-group-registration/>