



# The Ferns

## Peer-Run Respite

If you are someone who feels burnt out, stressed, overwhelmed, and just need an opportunity to get away from it all, The Ferns Peer-Run Respite is for you!

We offer a residential home, with 24/7 staff available to help you take that big exhale you have been holding in!



Learn more at:



### NEED A BREAK?

#### WHAT WE OFFER

-  A private room
-  voluntary- you can come and go as you please
-  trained non-clinical mental health staff present 24/7
-  A free 7 day max stay at a beautiful residential home



Call Us  
**610-705-8797**



Email Us  
[info@theferns.org](mailto:info@theferns.org)



Our Location  
**Pottstown, PA**