



# The Ferns Peer-Run Respite

If you are someone who feels burnt out, stressed, overwhelmed, and just need an opportunity to get away from it all, The Ferns Peer-Run Respite is for you!

We offer a residential home, with 24/7 staff available to help you take that big exhale you have been holding in!



Learn more at:



## NEED A BREAK?

### WHAT WE OFFER

- ✓ A private room
- ✓ voluntary- you can come and go as you please
- ✓ trained non-clinical mental health staff present 24/7
- ✓ A free 7 day max stay at a beautiful residential home



Call Us  
610-705-8797



Email Us  
[info@theferns.org](mailto:info@theferns.org)



Our Location  
Pottstown, PA