



Free Virtual Childbirth Education Series

It's never too early or too late to take a childbirth class so join us for a fun class series and meet some new friends!



Maternity Care Coalition (MCC) offers a comprehensive childbirth series to empower pregnant families with evidence-based information to make informed decisions during their pregnancy, labor and birth, and early postpartum.



CHILDBIRTH EDUCATION SERIES:

- Three-week series
- Offers an evidence-based, family-centered approach to the labor and birth process, pain management options, shared decision making, and coping techniques.
- This class series is perfect for pregnant families in their second or early third trimester of pregnancy, though we encourage this education at any stage.



Register Here!

bit.ly/DoulaandLactation

All services are free and voluntary!

To learn more, visit our website maternitycarecoalition.org or call us at **215-972-0700** and select option 1. For connections to recovery support, select option 2.