

Familias Fuertes

CHILD & FAMILY FOCUS PREVENTION EDUCATION PROGRAM



Dates & Time

Tuesday & Thursday Evenings
8/8/23 - 8/29/23
6:00-8:00PM via **Zoom**

What's It All About?

Familias Fuertes (FF) is an educational program designed to help your kids get ahead while having fun together as a family. We build on the strengths of the Hispanic community while engaging in interactive activities that help us learn and grow as parents/caregivers and youth.



www.ChildAndFamilyFocus.org

Free Event! Weekly Meal Stipend & Prizes to Win

Do you ever have any of these questions?

- How can I improve communication with my child(ren)?
- Why am I/are we having trouble with chores or house rules?
- How can I help my youth understand their positive qualities?
- Privileges, consequences, penalties...What's best?

You're in the right place! Familias Fuertes offers a research-based approach for youth & parents/caregivers to strengthen bonds, learn how to show love while setting limits, handle stresses of early teenage years, strengthen family bonds, and share in a safe community space.

Email:

Dana at deichert@childandfamilyfocus.org

Or Register Here:



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