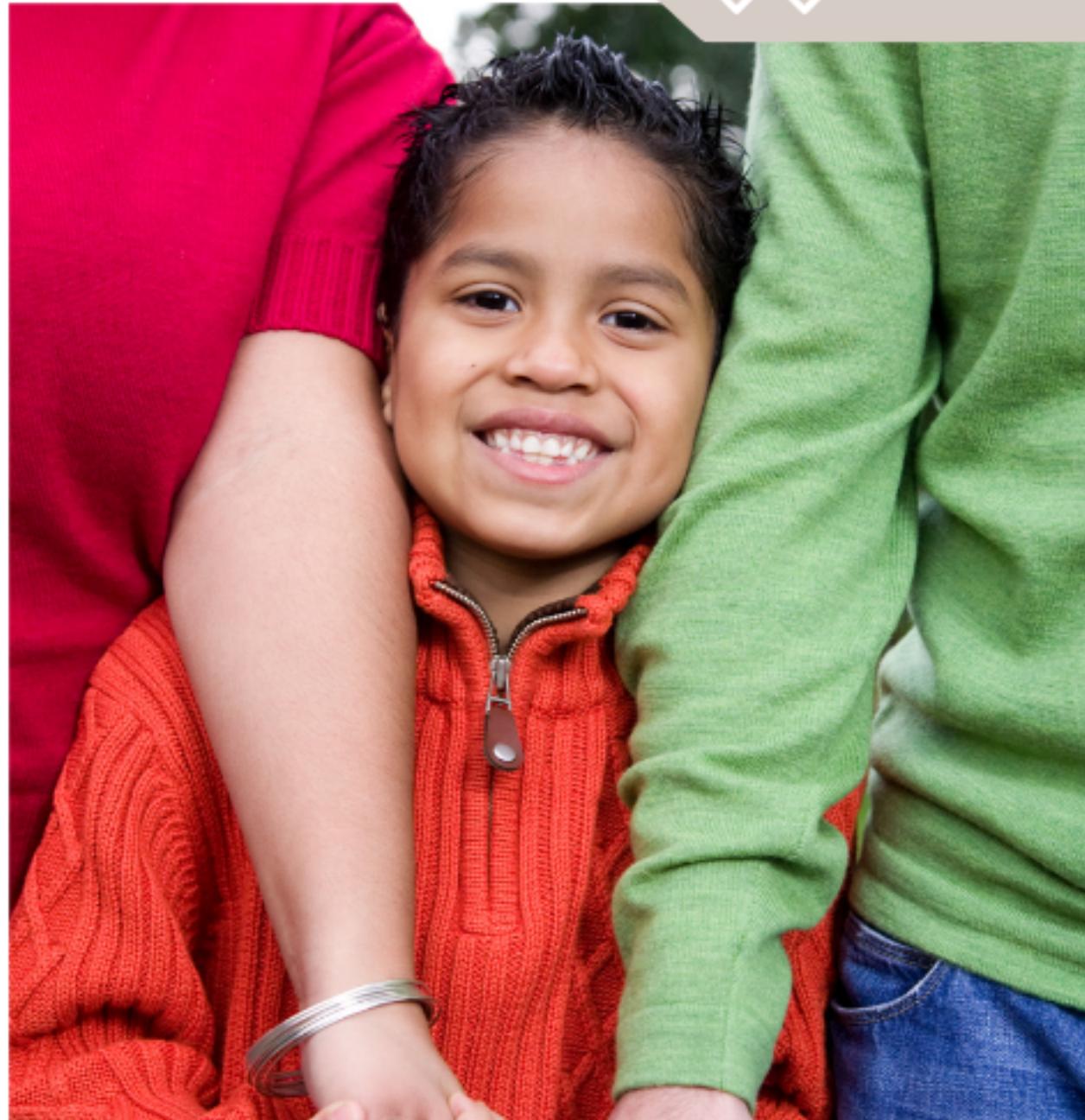


# Familias Fuertes

CHILD & FAMILY FOCUS PREVENTION EDUCATION PROGRAM



## Dates & Time

Tuesday & Thursday Evenings  
8/8/23 - 8/29/23  
6:00-8:00PM via [Zoom](#)

## What's It All About?

Families Fuertes (FF) is an educational program designed to help your kids get ahead while having fun together as a family. We build on the strengths of the Hispanic community while engaging in interactive activities that help us learn and grow as parents/caregivers and youth.



[www.ChildAndFamilyFocus.org](http://www.ChildAndFamilyFocus.org)

Free Event! Weekly Meal Stipend & Prizes to Win

Do you ever have any of these questions?

- How can I improve communication with my child(ren)?
- Why am I/are we having trouble with chores or house rules?
- How can I help my youth understand their positive qualities?
- Privileges, consequences, penalties...What's best?

**You're in the right place!** Familias Fuertes offers a research-based approach for youth & parents/caregivers to strengthen bonds, learn how to show love while setting limits, handle stresses of early teenage years, strengthen family bonds, and share in a safe community space.

Email:

Dana at [deichert@childandfamilyfocus.org](mailto:deichert@childandfamilyfocus.org)  
Or Register Here:



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