

Every try Counts



Quitting smoking isn't easy!
Join one of our free programs.

FREE Smoking Cessation Program



BCHIP
Bucks County Health
Improvement Partnership
Improving Health ~ Enhancing Lives

This five-session program is free with registration.
Classes available at local hospital partners in Bucks County.

Nicotine Replacement Therapy is available for those who
qualify. Nicotine Replacement can include
patches, gum and lozenges.



Registration

Call: 267-291-7882

Visit: www.BCHIP.org

To learn more about additional
programs and resources, visit our
website or connect on social media.

@BCHealthEquity   

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The Health Benefits of Quitting:

**After 20
minutes...**

Heart & Blood
Pressure
Decrease

**After 2-3
weeks...**

Circulation &
Lung Function
Improves

**After 1
year...**

Risk of Heart
Disease
Decreases

**After 5
years...**

Risks of Many
Cancers are
Reduced

This program is supported by the Health Promotion Council through a grant from the PA Dept of Health.

For additional support call the **PA Quit Line** at 1-800-784-8669