



CGRC's Professional Development Center
presents

TWO-PART SERIES:

How to Incorporate Psychodrama

into your Clinical Practice

March 7th & 14th, 2025
Via Zoom



This two-part course equips clinicians without psychodrama credentials with techniques such as **role-play, doubling, and the “empty chair”** to benefit clients of all ages in a variety of settings.

Clinicians will learn **how to use dramatic expression** to help individuals **process complex emotions, improve relationships, and foster spontaneity.**

Part 1: Friday, March 7th, 1 - 3 PM CONCEPTUAL FOUNDATION

Part One provides a comprehensive understanding of the **theoretical underpinnings and ethical considerations** essential for the *safe and effective use of psychodrama for clinicians without certification.*

Participants will explore **key concepts, principles, and safety protocols** to ensure that these methods are employed responsibly within their clinical role and align with professional standards.

Part 2: Friday, March 14th, 1 - 3 PM APPLICATION & PRACTICE

Part Two is a practical training designed to **equip participants with psychodrama techniques** that can be safely and effectively integrated into their clinical work.

Building on foundational knowledge, participants will engage in interactive exercises to **learn strategies to use psychodrama tools across diverse populations** within the scope of their clinical role.

WHO SHOULD ATTEND

This course is intended for Social Workers, Professional Counselors, Marriage and Family Therapists, School-Based Clinicians, Graduate Students, and who support the mental health and well-being of clients of all ages.

For more information
continuing-education@cgrc.org

REGISTRATION LINK

COST: \$50
Includes Part 1 & 2

The cost of this course is supported in part by a generous grant from the **Pew Charitable Trusts.**



CE CREDITS

Eligible participants will receive **up to 4 NBCC, PA SW/LPC/MFT and ACT 48 Credits** upon completion. Number of Credits is based upon attendance.



Child Guidance Resource Centers (CGRC) is approved by the National Board for Certified Counselors, Inc., the Pennsylvania State Board of Social Workers, Marriage and Family Therapists, and Professional Counselors, and the Pennsylvania Department of Education (ACT 48) to award continuing education credits to eligible participants.



COLLEEN BARATKA, MA, TEP, CTP-3

Colleen Baratka is a Fellow of the American Society of Group Psychotherapy and Psychodrama and a certified Trainer, Educator, and Practitioner (TEP) thru the American Board of Examiners in Psychodrama, Sociometry, and Group Psychotherapy. She is a recipient numerous awards including the 2025 Innovator's Award for her work with Eating Disorders. A graduate of NYU's Drama Therapy Program, she has 30 plus years of clinical experience. She is a published author who began her career in special education and went on to pioneer a hospital-wide psychodrama program at the Belmont Center, Philadelphia. She later led the Trauma Program at Renfrew Center and trained psychodrama facilitators for the Caron Foundation. Colleen works in private practice in Newtown Square, PA, where she specializes in treating eating disorders, trauma, and related issues for individuals, families, and groups driven by her belief in the healing power of creativity, connection, and resilience.