

Delaware Valley Chapter Virtual Support Groups



The Alzheimer's Association Delaware Valley Chapter continues to offer **VIRTUAL SUPPORT GROUPS** for dementia caregivers in March 2023. Attendees can participate via computer or phone.

Register for a virtual support group today by clicking a link below, calling the Alzheimer's Association 24/7 Helpline at **800.272.3900** or visiting alz.org/crf. Specialized groups are indicated.

Call **800.272.3900** before attending as dates and times are subject to change.

Wednesday, March 1

3:30 to 5 p.m.

<https://action.alz.org/mtg/88392899>

Wednesday, March 1
(Young Adult Caregivers in 20s and 30s of Early Onset Dementia)

6 to 7:30 p.m.

<https://action.alz.org/mtg/88414535>

Saturday, March 4

10 to 11:30 a.m.

<https://action.alz.org/mtg/88103106>

Tuesday, March 7

6 to 7:30 p.m.

<https://action.alz.org/mtg/88577393>

Thursday, March 9

2 to 3:30 p.m.

<https://action.alz.org/mtg/88077020>

Monday, March 13

4 to 5 p.m.

<https://action.alz.org/mtg/87870891>

Tuesday, March 14
(Adult Children)

6:30 to 8:30 p.m.

<https://action.alz.org/mtg/88390905>

Tuesday, March 14
(Adult Children Caregivers, Age 40+)

7 to 8 p.m.

<https://action.alz.org/mtg/88578005>

Wednesday, March 15

6:30 to 8 p.m.

<https://action.alz.org/mtg/88577200>

Wednesday, March 15
(Adult Children on Early Onset, Ages 18-39)

6:30 to 8 p.m.

<https://action.alz.org/mtg/88577654>

Thursday, March 16
(Spouse's Group, Men Only)

4 to 5 p.m.

<https://action.alz.org/mtg/88577901>

**Saturday, March 18
(Conference Call Only)**

10 a.m. to 12 p.m.
<https://action.alz.org/mtg/88199467>

Sunday, March 19

3 to 4 p.m.
<https://action.alz.org/mtg/88393581>

Tuesday, March 21

2 to 3 p.m.
<https://action.alz.org/mtg/88391883>

Tuesday, March 21

6 to 7 p.m.
<https://action.alz.org/mtg/88576964>

Thursday, March 23

5 to 6 p.m.
<https://action.alz.org/mtg/88393886>

**Thursday, March 23
(FTD Caregivers)**

6 to 7:30 p.m.
<https://action.alz.org/mtg/88101093>

Thursday, March 23

7 to 8 p.m.
<https://action.alz.org/mtg/88201229>

Monday, March 27

6:30 to 8 p.m.
<https://action.alz.org/mtg/88393164>

Tuesday, March 28

**(Over 50 Adult Children /
Long-Distance Caregivers:
Conference Call Only)**

6:30 to 8 p.m.
<https://action.alz.org/mtg/88577792>

Mondays

10 to 11 a.m.

March 6

<https://action.alz.org/mtg/88101836>

March 13

<https://action.alz.org/mtg/88101843>

March 20

<https://action.alz.org/mtg/88101849>

March 27

<https://action.alz.org/mtg/88101856>

Thursdays

7 to 8 p.m.

March 2

<https://action.alz.org/mtg/88390432>

March 9

<https://action.alz.org/mtg/88390436>

March 16

<https://action.alz.org/mtg/88390441>

March 23

<https://action.alz.org/mtg/88390449>

March 30

<https://action.alz.org/mtg/88390454>