



**Join Us! Understanding Veterans'
Trauma, Health and Wellness
Mini-Film Viewing and Panel Discussion
November 14, 10:00-11:30am, Zoom**

[Register Here!](#)

Join us for a powerful discussion on veterans' trauma, health and wellness! Our time together will include viewing two brief segments from a documentary series on [Veterans Coming Home](#), with panel discussion and Q & A following. We will close with a [Witting Tree](#) ceremony.

**Our deep thanks to these incredible panelists
and our wonderful moderator!**



Chanel Santiago
Veteran Outreach Program Specialist,
Norristown Vet Center

Chanel is responsible for getting out in the community and informing Vets, their families, and organizations that support Vets about Vet Center Services. Her coverage area includes Montgomery and Chester Counties. The Vet Center provides readjustment counseling services to combat/conflict era Vets, survivors of military sexual trauma (harassment or assault), members on active duty, guard, or reserves, and their families. The center can also provide Marriage and Family Counseling as well as Bereavement Counseling. Veterans can receive individual and group counseling depending on their comfort level.

Chanel spent 7 years in the US Army as a transportation specialist. She started in the Virginia Army National Guard and was placed on active duty at Ft. Eustis in response to Operation Iraqi Freedom in 2003. Her unit was deployed to Iraq and completed supply missions while putting in over 1 million miles while in country with no casualties. Upon returning home in 2004 Chanel moved to Pennsylvania, obtained her MBA, married her then



Dennis C. Miller
Director, Montgomery County Veterans
Affairs

Dennis is a 24-year veteran of the United States Coast Guard with service on East, West, and Gulf Coasts. His experiences range from commercial vessel safety, marine casualty investigation, and law enforcement to drug and alcohol counseling, disaster recovery, volunteer coordination, and, of course, leadership. Dennis is a retired Commander of the U.S. Coast Guard.



boyfriend, and there are 2 beautiful sons. She resides in Lafayette Hill.



Dr. Glen Miller has degrees in business, industrial technology and education. He worked for PECO as a human resource and training manager. Glen also founded Performance Essentials, Inc. and Veterans Community Network.

Glen's current outreach to veterans includes a veterans' book club inside Phoenix prison, workshops and healing circles within the community. Glen's primary initiative is raising awareness regarding differences in PTSD and moral injury and the relationship to military suicide rates.

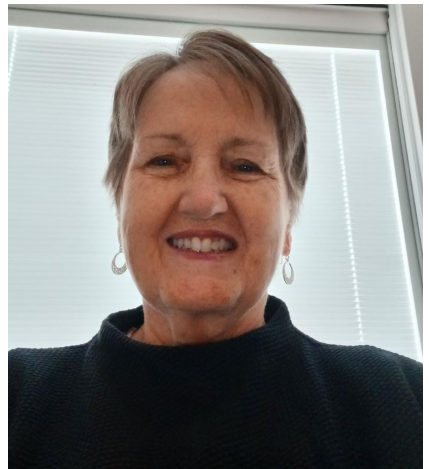
Glen was an Army Ranger in Vietnam from 1969 -1970. He led approximately 38 combat missions in Vietnam and Cambodia. The VA diagnosed Glen with PTSD attributed to his experiences in a warzone.



Matthew Allen
Director, Bucks County Veterans Affairs

Matthew Allen, Born in Bristol PA on December 25, 1988. He has 2 older brothers and 1 older sister. He graduated from Harry S Truman High School in 2007 and enlisted in the United States Navy in August of the same year. Upon Graduation from boot camp, Matthew Allen went to Lackland AF Base and successfully completed Master-At-Arms (Military Police) training. He was sent to Souda Bay Greece as his first duty station. After one year in Greece his next Duty Station was Sasebo Japan where he finished his Active-Duty time. He transitioned to the Navy Reserves in 2011.

In 2013 he was hired by the Bucks County Sheriff's Office where he spent the next 10 years. He was assigned to various positions throughout his tenure with the Sheriff's Office. In 2019, he mobilized with DEVGRU and spent time in Somalia. In 2022, he won Sailor of the year for NRC Fort Dix and was top 3 in the Region. Once he returned, he knew he wanted to do something different than working for the Sheriff's office. He became the New Director of Veteran Affairs in April of 2023 and hit the ground running. He is married to Allison Allen and has two kids, Jack (3 Years Old) and Liam (1 year old). Matthew enjoys golfing, fishing, sports and fantasy football. He was promoted to Chief Petty Officer in September 2023.



Ella Roush, Moderator
Co-Keeper, Veterans Healing Circle

Ella Roush, former coordinator for Bucks-Mont Collaborative, comes from a family of veterans including both of her parents. Her (deceased) partner of 25 years served in-country during the Vietnam War. Seeing his invisible wounds and hoping to alleviate the pain of current-era veterans, Ella underwent training to facilitate veterans' healing circles rooted in the Restorative Justice model. She has been a circle co-facilitator for the past eight years.

Before her role with The Collaborative, Ella worked as a consultant to a number of local nonprofits. Prior to that she led strategic planning and communication for a large food company. She serves on the Board of Directors of Generations of Indian Valley where she previously acted as board chair. She has also served on the boards of United Way of Greater Philadelphia and Southern New Jersey, North Penn United Way, Veterans Community Network, and others.