



# CGRC Professional Development Center

## Summer 2025

### Continuing Education Courses

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#### **Conflict Transformation: Clinical Strategies for Healthy Congregations**

For Faith Leaders of All Traditions



**July 18, 2025; 10 am – Noon**

**Presenter:** Joshua Butala, MA, LPC

This course offers faith leaders from *all traditions* practical, evidence-based strategies from the behavioral health field to build trust, reduce tension, and strengthen their communities during times of conflict. Using the Thomas-Kilmann Conflict Mode Instrument (TKI), participants will explore their conflict styles and learn to adapt their responses to various situations. Through interactive learning, they will gain tools to stay spiritually grounded and to use differences as a vehicle for congregational and personal growth. This course is intended for clergy, chaplains, lay leaders and seminary students who support connection and understanding in faith-based communities.

**Register:** <https://form.jotform.com/251477318078161>

\$25 - 2 CE Credits (APA; NCC; PA SW/MFT/LPC; ACT 48)

#### **Co-Writing the Clinical Story:**

Collaborative Documentation to Strengthen Engagement and Work More Efficiently



**July 24, 2025; 10 am – Noon**

**Presenter:** Christina Slobodian, LPC

This training introduces core concepts, ethical considerations and practical strategies of Collaborative Documentation, with a special focus on working with children, adolescents and their families. Participants will explore how this tool enhances client engagement, improves documentation accuracy, and supports person-centered care. Clinicians will learn to integrate documentation into sessions, overcome common barriers, and apply developmentally appropriate techniques when working with youth and families. The course will also provide technology tips to save time and stay on top of treatment plans and progress notes.

**Register:** <https://form.jotform.com/251675241347155>

\$35 - 2 CE Credits (APA; NCC; PA SW/MFT/LPC; ACT 48)

## **Adolescent Dating and Relational Safety:** Helping Teens Break Free from Abusive Dynamics



**July 25, 2025; 10 am - Noon**

**Presenter:** Katie Tacchino, LPC

Adolescence is a pivotal stage for identity formation, emotional growth, and the development of intimate relationships—yet many teens become entangled in unhealthy or abusive dynamics involving manipulation, control, and emotional harm. This training will equip behavioral health professionals with trauma-informed tools to help teens recognize and break free from toxic dating relationships. Participants will explore the intersection of adolescent brain development and decision-making, emotional regulation and boundary setting. The course will also provide guidance on safety planning for high-risk situations. Clinicians will leave with actionable skills to foster resilience and relational health in the teens they serve.

**Register:** <https://form.jotform.com/251803995583166>

\$35 - 2 CE Credits (APA; NCC; PA SW/MFT/LPC; ACT 48)

## **Psychodrama Strategies for Diverse Settings:** Tools for Clinicians, Educators, & Community Providers without Psychodrama Credentials



**Part 1: August 1, 2025; 10 am – Noon**

**OR HOME STUDY via Video Recording**

*Theoretical and Ethical Foundations*

**Part 2: August 8, 2025; 10 am – Noon**

*Application of Psychodrama Techniques*

**Presenter:** Colleen Baratka, MA, TEP, CTP-3

This two-part course equips clinicians without psychodrama credentials with techniques such as role-play, doubling, and the “empty chair” to benefit clients of all ages in a variety of settings. Clinicians will learn how to use dramatic expression to help individuals process complex emotions, improve relationships, and foster spontaneity.

**Register:** <https://form.jotform.com/251804150098151>

\$50 - 4 CE Credits (APA; NCC; PA SW/MFT/LPC; ACT 48)

## ***The Next Chapter:***

### **Preparing Autistic Youth and Families for Adult Life**



**August 21, 2025; 1 - 3 pm**

**Presenter:** Stacey Ollivier, BCBA

As youth with Autism approach adulthood, families and providers often face a mix of hope, uncertainty, and pressing questions. This engaging and practical training is designed to equip clinicians, educators, and service providers with the tools they need to support a smooth, empowering transition for both youth and their families. The session explores key challenges and opportunities in the transition process, offering evidence-based strategies to promote independence, self-advocacy, and life skills. Participants will gain practical tools to help families navigate access to education, employment, and housing while also fostering emotional well-being and strong family dynamics during this critical life stage.

**Register:** <https://form.jotform.com/251804899300157>

\$35 - 2 CE Credits (BCBA; APA; NCC; PA SW/MFT/LPC; ACT 48)

*We hope you will join us!*

*For more information:*

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