



## **Caregiver's Virtual Support Group**

**Date: First Wednesday of each month**

**Time: 3:30 to 5 p.m.**

**Virtual, via Zoom**

The Muller Institute for Senior Health hosts a virtual support group for those who are caring for a family member or friend experiencing chronic illness.

This group gives members an opportunity to connect and interact with others in similar circumstances. In this forum, members can share information about their own responses to caregiving, helpful resources, interventions that have proven helpful, etc. The group is open to both hands-on and long-distance caregivers; many issues apply to both groups.

This group is open to all caregivers and it is free to participate; however registration is required.

For more information or to register and receive the Zoom invitation to join, please contact the Muller Institute for Senior Health at 215-481-2571.

\*Disclaimer: [Please click here](#) to view the Zoom Terms of Service for Community Sessions.