

Delaware Valley Chapter Virtual Support Groups



The Alzheimer's Association Delaware Valley Chapter continues to offer **VIRTUAL SUPPORT GROUPS** for dementia caregivers in January 2024. Attendees can participate via computer or phone.

Register for a virtual support group today by clicking a link below, calling the Alzheimer's Association 24/7 Helpline at **800.272.3900** or visiting alz.org/crf. Specialized groups are indicated.

Call 800.272.3900 before attending as dates and times are subject to change.

Tuesday, January 2

6 to 7:30 p.m.

<https://action.alz.org/mtg/630201651>

Wednesday, January 3
(Young Adult Caregivers in 20s and 30s of Early Onset Dementia)

6 to 7:30 p.m.

<https://action.alz.org/mtg/630202440>

Thursday, January 4

8 to 9 a.m.

<https://action.alz.org/mtg/630120382>

Saturday, January 6

10 to 11:30 a.m.

<https://action.alz.org/mtg/630201243>

Tuesday, January 9

(Adult Children)

6:30 to 8:30 p.m.

<https://action.alz.org/mtg/630203184>

Tuesday, January 9
(Adult Children Caregivers, Age 40)

7 to 8:30 p.m.

<https://action.alz.org/mtg/630203439>

Thursday, January 11

2 to 3 p.m.

<https://action.alz.org/mtg/632247351>

Thursday, January 11

6:30 to 8 p.m.

<https://action.alz.org/mtg/609161561>

Tuesday, January 16

2 to 3:30 p.m.

<https://action.alz.org/mtg/629757511>

Tuesday, January 16

6 to 7 p.m.

<https://action.alz.org/mtg/629337796>

Wednesday, January 17

6:30 to 7:30 p.m.

<https://action.alz.org/mtg/629758906>

Thursday, January 18
(Spouse's Group, Men Only)

4 to 5:30 p.m.

<https://action.alz.org/mtg/630383787>

Saturday, January 20
(Conference Call Only)
10 to 11 a.m.

<https://action.alz.org/mtg/632247545>

Sunday, January 21
2 to 3p.m.

<https://action.alz.org/mtg/601510373>

Monday, January 22
6:30 to 8 p.m.

<https://action.alz.org/mtg/629758131>

Tuesday, January 23
(Over 50 Adult Children /
Long-Distance
Caregivers: Conference
Call Only)

6:30 to 8 p.m.

<https://action.alz.org/mtg/630120529>

Thursday, January 25
5 to 6 p.m.

<https://action.alz.org/mtg/629350848>

Thursday, January 25
(FTD Caregivers)
6 to 7 p.m.

<https://action.alz.org/mtg/628931103>

Mondays

10 to 11 a.m.

(Contact Dennis Davidow: 856.952.9405)

January 1

<https://action.alz.org/mtg/609161137>

January 8

<https://action.alz.org/mtg/609161144>

January 15

<https://action.alz.org/mtg/609161123>

January 22

<https://action.alz.org/mtg/609161158>

January 29

<https://action.alz.org/mtg/609161165>

Thursdays

7 to 8 p.m.

January 4

<https://action.alz.org/mtg/618223701>

January 11

<https://action.alz.org/mtg/618223709>

January 18

<https://action.alz.org/mtg/618223714>

January 25

<https://action.alz.org/mtg/618223720>