

TRAUMA 101

AN OVERVIEW OF TRAUMA-INFORMED CARE



Research shows that 67% of the population has experienced at least one Adverse Childhood Experience. These trauma-based adversities are predictive of a multitude of toxic physical, mental and social outcomes throughout a person's lifetime.

As a society and as individuals, we need to be better informed and prepared to prevent and address the traumatic impact of childhood adversities. In this multi-media, interactive workshop, professionals work together to build a powerful image that helps them appreciate the complex nature of trauma and its aftermath.



Thursday, September 25



10:00am-12:00pm



Zoom

REGISTER NOW



CEU Eligible



Nadja Mummery

Program Coordinator

Bucks-Mont Collaborative

Nadja Mummery is a seasoned community educator with over a decade of experience in the Greater Philadelphia and North Penn regions fostering positive change. Her commitment to community well-being extends beyond her direct work. Nadja has also provided training to a wider audience, equipping individuals and organizations with the knowledge and tools to navigate complex issues such as poverty, trauma, and the impact of discrimination.



Deborah Harris

Geriatric Counselor

Family Services of Montgomery County

Deborah Harris has been in the social services field for twenty-five years. She is a Licensed Clinical Social Worker and in her current position she is a Geriatric Counselor with Family Services of Montgomery County. Prior to this she has worked in the areas of substance abuse treatment for teens, community mental health, and in a college student counseling center. She has also been involved in research on childcare quality, AmeriCorps Vista, and Adult Literacy. With her varied experience she has found that trauma impacts us in all life stages.