

# Trauma 101 WORKSHOP

## AN OVERVIEW OF TRAUMA-INFORMED CARE

Research shows that 67% of the population has experienced at least one Adverse Childhood Experience (ACE). These trauma-based adversities are predictive of a multitude of toxic physical, mental and social outcomes throughout a person's lifetime.

As a society and as individuals, we need to be better informed and prepared to prevent and address the traumatic impact of childhood adversities. In this multi-media, interactive workshop, professionals work together to build a powerful image that helps them appreciate the complex nature of trauma and its aftermath.

*This workshop is free and open to all Collaborative members! If your organization is not a member, please contact [Nadja Mummery](#).*

## Trainers



**Deborah Harris**  
Geriatric Counselor  
Family Services of  
Montgomery County



**Nadja Mummery**  
Program Coordinator  
Bucks-Mont Collaborative

## Free CEUs Included



**October 16**  
**9:00–11:00am, Zoom**

**REGISTER NOW**

