



CREATING INCREASED CONNECTION S (CIC) **GROUPS**



Creating Increased Connections

A program of Resources for Human Development

CIRCLE OF HOPE



Circle of Hope is peer-to-peer led discussion group. Join us for lively conversation about how we are feeling, our successes and challenges, our recovery, and how we maintain our wellness. Everyone is welcome.

THURSDAYS 1:00PM-2:00PM

Trinity Reformed Church 60 N. Hanover St Pottstown, PA 19464

WEDNESDAYS 10:00AM-11:30AM

Willow Grove Baptist Church

3600 Welsh Rd Willow Grove, PA 19090



THURSDAYS 10:30AM-12:00PM

Hopeworx

1210 Stanbridge St #600, Norristown, PA 19401

TAKING BACK OUR POWER



TUESDAYS 2:30PM-4:00PM

Bryn Mawr Presbyterian Church 625 Montgomery Ave Taking Back Our Power Bryn Mawr, PA 19010

is a peer support group for individuals with lived experience of sensory phenomena

(like hearing things others don't hear) and unusual beliefs

WEDNESDAYS 3:00PM-4:30PM

Haws Avenue United Methodist Church 800 W Marshall St Norristown, PA 19401



LIVE ANOTHER DAY



TUESDAYS 12:30PM-1:45PM

Beginning March 26th

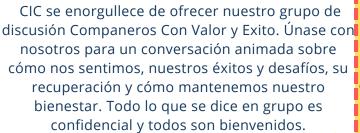
Lansdale Library 301 Vine St Lansdale, PA 19446



Alternatives to Suicide groups are intended as nonjudgmental spaces where people can share some of their darkest thoughts without being assumed to have an illness or being assessed for involuntary interventions. Openly exploring these thoughts - and the feelings and experiences underneath them - is often the key to moving toward something different.



COMPAÑEROS (AS) CON VALOR Y EXITO



Pronto



WOMENS IDENTITY AND EXPERIENCES GROUP

This group was created for women as a safe environment to voice & openly share our life stories as women & to empower ourselves to find greater meaning & purpose in US/j/83638683076



Zoom Link

https://rhd.zoom



For more information Contact Sheila. Hall Prioleau@RHD.org 215-906-0453 www.ciconnections.org