

A Night of Family Recovery

An in-person program for parents & caregivers impacted by addiction.



 In Person Only!

Register to attend:
convo.zone/bucksfamily



Thursday, May 1, 2025 from 6:30 to 8 pm

St. Luke's Penn Foundation
807 Lawn Ave, Sellersville, PA 18960
Loux Healthcare Center • Univest Conference Rooms

St Luke's Penn Foundation
MENTAL HEALTH SERVICES
Hope, Recovery and Wellness **TOGETHER**

Our presenter will be **Janessa Hershman MS, LPC, CAADC, CCTP-II**. Janessa is a drug and alcohol therapist with Rosewood Recovery. She has experience providing individual, family, and group counseling services to those indirectly or directly affected by substance abuse disorders. Volunteering at various institutions, including colleges, prisons, hospitals, and shelters, has given her the opportunity to connect with diverse populations.

We'll also be joined by a family member who will share their lived experience.



Being "in recovery" is often associated with an individual's abstinence from substance use. For family members, recovery is all about changing behaviors that have negatively impacted our mental or physical wellbeing, our relationships, and our quality of life.

This program will support families by:

- helping us to recognize unhealthy thinking and behaviors
- exploring opportunities to strengthen fractured relationships
- providing tools for establishing and maintaining healthy boundaries
- guiding us toward our own path of serenity and recovery for life

This project is made possible through the Bucks County Opioid Settlement Funds.

Be a Part of the 
Conversation
conversation.zone