

Parent Support & Transition Group

Facilitated by: Kathy Dunn

Tuesdays

February 7, 14, 21, 28, March 7, 2017

Early adolescent Support : Ages 12-16 yrs 10:00 am –11:30 am

Transition Support : Ages 16 & up 6:30 pm –8:00 pm

The Arc of Greater Plymouth

52 Armstrong Road , Plymouth, MA 02360



“Early Adolescent Support” Topics of discussions included during this 5 week group will include areas specific to this age group. We will focus on emerging challenges that will be faced in the upcoming years. We will discuss hygiene and sexuality and personal issues to help better prepare for this very delicate time in your child's life. We will also be discussing hot topics such as IEP's and how we can help plan for future transitioning periods. Support and education are key to overcoming obstacles and hurdles. Please join us.

“Turning 22: Preparing for Transition” a pivotal time in the life of an adult with disabilities requires many choices to consider and decisions to be made. Long before turning 22 it is important to become familiar with options surrounding guardianship, living arrangements, day programs and flexible supports. This group is for parents of young people ages 16+ and will be geared to your needs. Facilitated by Kathy Dunn, a parent who has been through the process with her own adult child.

Kathy Dunn is a former Guidance Counselor at Duxbury High and Counselor at South Bay Mental Health. She serves on the DDS CAB and League of Women Voters.

To Register for FREE Workshop Please Contact: Cari Robbins at 508-732-9292 ext. 124

carir@thearcogp.org Fax # 508-732-9229

No Cost Parent Support Group

Please Cut & Send Registration to:

The Arc of Greater Plymouth
52 Armstrong Road, Plymouth
Attn: Cari Robbins

Attendee: _____ # _____

Phone: _____

Email: _____

Address: _____

Emergency Contact: _____

Liability Waiver

I agree to assume all responsibility for all risk, damage or injury that may occur to me as a participant in this activity/ event. In consideration for being accepted as a participant, I hereby for myself, my heirs, executors and administrators, release and discharge The Arc of Greater Plymouth, the sponsors associated with this event, the staff, and volunteers from all claims, damages, rights of action, present and future, whether the same be known, anticipated or unanticipated, resulting from or arising out of, or in incident to, my participation in this event. I grant permission to be medically treated and receive emergency services at a local hospital. I also grant permission for the use of my name, picture, and or videotape in any broadcast, photograph or other account of this event.

Signature of Parent or Guardian

Photo Release

I, the undersigned, give the Arc of Greater Plymouth organizers my permission to use a photograph of me/my ward's likeness in television, radio, film, newspaper, magazines and any other media in connection with the Respite/ Family Support Program

This release will expire in one year.

Signature

Date

Kathy Dunn spearheaded the Best Buddies program, was a former guidance counselor in the Duxbury High school, currently serves on CAB and League of Women voters, and is a counselor at South Bay Mental Health.

Kathy's experience as both a parent of an adult child with developmental disabilities and professional experience gives her a unique perspective.

tran·si·tion: definition

movement, passage, or change from one position, state, stage, subject, concept, etc., to another; change: *the transition from adolescence to adulthood.*



10 Cordage Park Circle, Suite 208
Plymouth, MA 02360

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